

Cheshire Smile

Quarterly Magazine of the Leonard Cheshire Foundation—Spring 1984 25p



'Residents and staff from the Eric Young Cheshire Home, Jersey shown with their float 'The Cheshire Smile' in the Jersey Battle of Flowers, August 1983.

Photo: Courtesy of the Jersey Tourism Office

- California/Nevada
- Support for Social Worker

- Focus on Greenhill OXON
- Interference II

Cheshire Smile

The Quarterly Magazine of the Leonard Cheshire Foundation

FOUNDED 1954 No. 3 (New Series) SPRING 1984

Cheshire Smile is edited and managed by disabled residents at Le Court. Contributions to the magazine are invited from all readers. Opinions put forward in individual articles do not necessarily represent the official view of the Leonard Cheshire Foundation. It is the Editors' aim, however, to encourage free expression of ideas but they reserve the right to shorten, clarify or reject, at their discretion, material received for publication.

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All communications regarding advertising in Cheshire Smile to be sent to the Secretary.

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Congratulations and Best Wishes are extended from all in the Leonard Cheshire Foundation to Group Captain Leonard Cheshire and his wife Lady Sue Ryder on the occasion of their 25th Wedding Anniversary on 5th April 1984

Editorial

In recent editions of the magazine we have published articles on topics relating to attitudes towards residents, and of those who care for them. Regretfully, there has been little response to these articles to indicate whether there is any real concern over these most important subjects. Are we then to assume that all is satisfactory in our homes and that nothing ever goes wrong? Surely, if we believe that then we are living in a "fool's paradise" and are likely to come tumbling down with a crash.

Events in Hertfordshire over the past few months should alert us to the possibility of things going wrong even in the best of situations. Even with the best meaning person in charge of a home there is a danger of becoming complacent with the situation. A relationship between an able-bodied care staff worker, and one of the physically disabled residents in a County Council Hostel caused the Officer-in-Charge to be dismissed from his post because he refused to break up that relationship. In the eyes of the bureaucrats "no personal relationships between staff and clients" is permitted in any situation. The relationship had to change to suit the system not the two people concerned. It is an unhappy situation for all

when innocent people become the victims of bureaucratic "bloody-mindedness". Are the disabled still to be used like pawns in a game of chess or are they always to be made aware of their disability? How attitudes fail to change despite the coming and going of IYDP. Shades of 1984?

May we never aspire to the wishes of those on whom we rely but seek to ensure that we are allowed to live as individuals in our Cheshire Homes with the right to make any relationship we wish, with due regard to others living with us, and that we can live as useful a life as possible, and not simply exist.

It is a fact that for the disabled person with aspirations and ambitions he is likely to meet more stumbling blocks than his able-bodied friends because he already has a label fixed to him, and is the property of the system especially if living in a residential institution.

To all those from many parts of the globe who will be joining together for the Family Week in Rome, may it be a rewarding and happy event during which friendships will be formed, others renewed and a strengthening of international ties within our Cheshire Foundation.



Sir Christopher and Lady Foxley-Norris garlanded with flowers, pictured here opening the extension to the Cheshire Home at Madurai during a recent tour of Indian homes.

OVERCOMING DISABILITY

The Search for better Aids

The Institute for Consumer Ergonomics organised a one day conference "Overcoming Disability—the Search for Better Aids" sponsored by the Department of Health and Social Security at the King's Fund Centre on 30th September 1983. The day consisted of a series of papers and a discussion session based on DHSS funded projects researching into aids and equipment for use by disabled people. Several of the papers were also supported by display material.

The Conference was well attended by 90 delegates covering a wide variety of people involved with the needs of elderly and disabled people, including occupational therapists, physiotherapists, nurses, rehabilitation officers and researchers. It was particularly rewarding to note that representatives of a number of aids manufacturers were also present. Unfortunately, the delegates' list lacked Supplies Officers and others who make purchasing decisions, since it is often these people who influence what equipment is available to disabled people.

Role of Aids Centres

The first paper, presented by Ms. Niam McAleer, described the role and aims of Aids Centres. Ms. McAleer highlighted the fact that disabled people need not necessarily be handicapped and that handicap is often a result of poorly designed equipment. By displaying a comprehensive range of aids and by giving advice and training, Aids Centres promote better selection of equipment to overcome the problems encountered by disabled people.

Sitting Comfortably

Specifications and recommendations for the design and selection of easy chairs for elderly and disabled people were the outcome of the work described by Ms. C. Harris, Senior Research Officer, Institute for Consumer Ergonomics. The research project began with a large anthropometric survey of elderly and disabled people in which body measurements and disabilities relevant to seating were recorded. This was followed by a series of user trials, the results of which produced specifications for dimensions of 5 basic chair sizes. Some readers of "Cheshire Smile" may remember taking part in these trials! The trials showed that 92% of the elderly and disabled sample were accommodated by these sizes. Results from user trials with manufactured chairs also enabled recommendations to be made on design features.

Cooker Controls

Kay Paterson, Senior Lecturer at Queen's College Glasgow, described her research project to investigate four controls produced by the Gas Board for use by disabled people. Also included in the study was a normal cooker control. Aspects of the cooker controls studied were: understanding of the control, ease and comfort of operation (all of which have implications for safety) and preference of appearance. Results showed that it was the standard control which ranked high on all criteria for the different subject groups and it was concluded that there were design weaknesses in the four special controls.

If you are interested in finding out more about any of the research mentioned in this article, please contact the presenters directly or contact:

Mrs A Hough
Institute for Consumer
Ergonomics
75 Swingbridge Road
LOUGHBOROUGH
Leics LE11 0JB

Food Preparation

The afternoon session commenced with a paper which considered equipment for food preparation used by people with arthritis and neurological problems. A wide variety of equipment was evaluated for ease and comfort of use and for ranked preference. Miss E. Bradshaw (The London Hospital) described the procedures carried out and some of the findings. Equipment tested included different models of: jar and bottle openers; can openers; scissors; vegetable peelers; kitchen knives and graters.

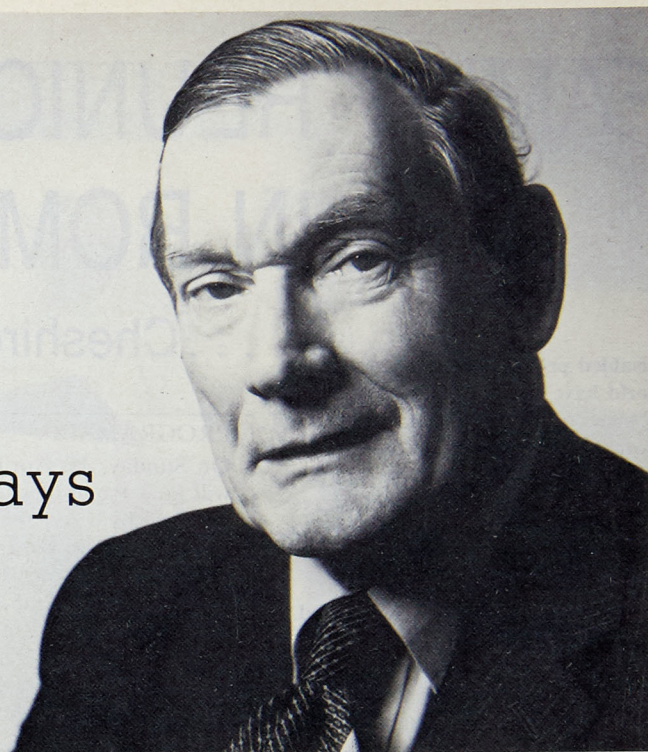
Incontinence

Dr James Malone-Lee's (St. Pancras Hospital) paper dealt with the technology of incontinence garments, their manufacture and the implications this has for the user. He illustrated the layers usually found in garments and discussed the variety of different materials currently used. As well as the technology involved, Dr. Malone-Lee encouraged the audience to be aware of the human aspects of incontinence garments, and to experience their use in order to understand more fully the patient's problems and needs.

Vehicle Backrests

The importance of suitable back support for car drivers was the topic of the final paper of the day. Ms. Sarah Bulstrode (Royal National Hospital for Rheumatic Diseases) discussed an evaluation of backrests, based on the knowledge that there is an increased risk of back pain associated with driving motor vehicles. Four adjustable and four non-adjustable backrests were tested by subjects selected as

the Chairman says



having had at least 3 months low back pain, although not suffering an acute exacerbation of symptoms at the time of the study. It was also stipulated that subjects should be regular drivers.

The results of the study showed that adjustable backrests were more effective at improving comfort and lessening the severity of symptoms. In addition 80% of subjects preferred them to the non-adjustable variety. Ms. Bulstrode was also able to give advice on the considerations to be taken into account when selecting a backrest, including: lumbar and lateral support, compatibility with the existing car seat, the mechanism of adjustment, the covering and its general appearance.

The interest shown by the audience in the topics discussed was very encouraging and it was recognised that there was a need for this type of research into aids and equipment. It is hoped that all of those attended found the day of interest and of use in their different avenues of work.

It may seem trite to remind you all that the Leonard Cheshire Foundation is a charity in the voluntary sector which is dependent on voluntary workers for its continuance. All Cheshire Homes were started by voluntary workers, Management Committees and the Trustees are all comprised of voluntary workers and so are the Support Groups who produce the income needed to cover the shortfall in the cost of running the homes and produce funds for renovating existing homes and building new homes.

We need more voluntary helpers, particularly in Support Groups and particularly from the younger generation so that support will not wither away with the passing of the older generation which has carried the Foundation so successfully for so many years.

We have weathered the recession better than many charities and we are expanding rapidly although this expansion may not be so obvious as in the past. Most of our traditional residential homes in the U.K. for physically disabled residents have now been, or are being, renovated, extended or rebuilt so that supporters may get the impression that there is less need for help for Cheshire Homes than in earlier years when the need was so obvious. In fact the need is greater than ever, partly because new residential homes cost so much to build (more than £1 million for the newest home) and partly because a great deal of our expansion is in the realms of Family Support Services. These Services which are now an essential part of the Foundation and care for disabled people in their own homes, need voluntary helpers to run the management committees and to raise funds to contribute to running costs, but they do not have buildings like traditional Cheshire Homes, upon which fund-raising can be concentrated. We are also expanding in other areas such as independent living accommodation constructed in conjunction with the Cheshire Foundation Housing Association—where topping-up funds are needed—and in our Country House project at Park House, Sandringham. Fortunately, in some parts of the U.K. combined fund-raising is now being undertaken for all Cheshire Foundation activities in one area and this is a trend which I commend.

But new voluntary workers can only be found by the existing supporters of the Foundation. Will each one of you therefore please try to recruit at least one new, and if possible young, voluntary helper for your home or area this spring.

FAMILY REUNION IN ROME

News has now reached us that the Pope has granted the Family Week a Private Audience, the date to be announced later.

...Cheshire/Ryder style

Disabled people from all over the world have responded overwhelmingly to plans to hold a joint Cheshire Foundation, Sue Ryder Foundation Family Week in Rome from March 31st to April 7th, under the auspices of The Ryder Cheshire Mission for the Relief of Suffering.

A total of six hundred and fifty men and women from Cheshire and Sue Ryder Homes in 25 countries throughout the world will attend. Three hundred and fifty will be coming from Poland, Yugoslavia, Czechoslovakia, one hundred and nine from the United Kingdom Cheshire Homes, with fifty from U.K. Ryder Cheshire Homes.

Fourteen residents will fly all the way from South Africa, and twelve will come from the three Cheshire Homes in Eire.

In the U.K. fourteen residents from Holme Lodge, Nottingham, will be going, and in St. Helier, Jersey, the entire Cheshire Home is closing because all the residents and staff and Management Committee are Rome bound, following two weeks in Austria and Switzerland.

All residents and their helpers are, of course, paying their own expenses.

A great party of one hundred and fifty disabled people and their helpers will leave together from Luton airport by charter flight, and may well fill two aircraft.

The family reunion will be based on The Ergife Palace Hotel in Rome, the only sizeable hotel offering suitable access for so many wheelchair users, and an exciting programme has been drawn up to ensure that everyone has the holiday of a lifetime. The reunion is not a conference but a personal get together—a time for making new acquaintances, and renewing old ones, and for the exchange of news and views, and ideas and experiences.

PROGRAMME

On Sunday, 1st April, there will be a Papal blessing, followed by a tour of four basilicas and in the evening, a coach tour of Rome by night.

On Monday, 2nd April, there will be a visit to the catacombs at San Calisto.

On Tuesday, 3rd April, visits to Assisi or Monte Cassini.

On Wednesday, 4th April, there will be a public papal audience followed by free time when it is anticipated that guests will want to visit the Sistine Chapel, the Vatican Gardens, the Vatican museum or perhaps go shopping.

On Thursday there will be further tours, and on the final day, Friday, 5th April, there will be a tour of Tivoli, and some free time to rest up for the great Gala night at the Ergife.

Elaborate arrangements have been made with the Rome Police who will lay on motor cycle escorts for guests, as well as opening one way streets for coaches, as necessary.

Students from English speaking schools in Rome will be helping with residents and in addition it is hoped that a party of police cadets from England will be seconded to travel to Rome as helpers.

The mounting of this complicated programme has been co-ordinated by Gordon Burrows and Wally Sullivan, the Foundation's Information Officer, in consultation with a specially convened committee chaired by Sir Peter Ramsbotham, which has been meeting and planning the week for some months.

Cargo lifts will be used to lift wheelchairs into aircrafts and fourteen coaches have been laid on in Rome to transport visitors on sight-seeing and other outings.

The last family reunion was held in London in 1975 and was a great success, but the 1984 version will outstrip this in its scale and by the tremendously enthusiastic response that it has evoked from Homes all over the world.

The concept behind the Week is to further strengthen and cement the ties between Cheshire Homes and Ryder Homes, to reinforce the feeling that we are all part of a large family, despite differences of nationality, colour and religion, and to exchange ideas and experiences to help us realise that others share the problems we have, or may even have much worse ones that we might be able to help to solve.

Holding the Family Reunion in an important international centre like Rome will also serve to focus attention on the needs of disabled people, and it is hoped it will bring greater understanding and new support, both financial and practical to both The Cheshire Foundation and the Ryder Foundation, so that more of the huge numbers of deprived and disabled people in the world, so badly in need, can be reached.

As a delightful coincidence, April 5th is the 25th Wedding anniversary of Group Captain Cheshire and Lady Sue Ryder, and it will be a doubly joyous occasion for them to be able to celebrate this personal event with the great family they have worked so unremittingly over the years to establish.

Both of them will, of course, be present during the entire week.

PARLIAMENTARY POINTS

— Shuttlecocks —

AWARDED THE MBE

Gwyn Gwilym, Sponsor of the Foundation's Creative Activity Contest, who has raised many thousands of pounds for the Koutoubie Childrens Home in Marrakech, was awarded the M.B.E. for his services to export in the New Year's Honours List. He is International Sales Development Director for Mars Inc. The investiture was on February 28th.

by ROY SMITH

If you were to ask any of the political parties about their official policy vis a vis the disabled, it could be guaranteed that they would spend a long time explaining that their own was the most practical, sympathetic and understanding. How paradoxical and unseemly, therefore, were the scenes in the House last November when the Chronically Sick and Disabled Persons (Amendment) Bill failed to make any progress when the second reading debate was adjourned. The Bill—a private member's one—was sponsored by Labour M.P. Robert Wareing and was originally given all-party support. The anger and acrimony that the debate generated made one wonder if the warring factions were genuinely concerned to improve the conditions for disabled people or were more interested in scoring party political points.

The object of the new Bill was to strengthen the existing Chronically Sick and Disabled Persons Act by outlawing discrimination against the disabled in education, employment, housing and many other areas. The fact that everyone seemed to be in agreement that there was a need for a strengthening Bill was a clear acceptance and admission that the original Act is not working and that surely something very few would argue about. Following the heady days of IYDP in 1981 that is a sad fact to have to acknowledge and report. So much was going to flow from a special year for the disabled, expectations were high, but in spite of the undeniable fact that there is a greater public awareness and enlightenment, there has been too little action over things that really matter—for it is positive, meaningful action that is urgently needed. Such action requires the full support of local and national government as well as a change in public attitudes; and surely one will have an effect upon the other.

Going back to the furore at the House, it seems that all parties are in accord about the ends—a better deal for the disabled—but are totally at odds about the best means of achieving them. The Bill was seen by many—particularly the Conservatives—to be unwieldy and too bureaucratic in concept. If that was the case surely the necessary amendments could have been made as the Bill went through its various stages on the way to the Statute Book. Apparently the Conservatives disagreed and felt that the proposed Bill should be completely re-jigged and re-presented in a more easily workable form. That view presupposes that they intend to do just that, and therefore, the moral pressure is upon the Government to introduce suitable legislation at a very early date. All eyes will be upon them to see if they are as good as their word, and it is up to all disabled people including their representative organisations to ensure that the idea is not lost or in some way swept under the carpet never to re-emerge. The fact that it was felt necessary to introduce a strengthening Bill implies that most people are in agreement that the provisions of the Chronically Sick and Disabled Persons Act (1970) are not being fully implemented. Anyone who has tried to invoke the Act when trying to bring pressure upon the local authority to act according to the law will agree that it can be frustratingly difficult when informed that shortage of money precludes immediate action or even makes the request impossible to fulfil. Are the disabled to be used as shuttlecocks in a party political "game", or will 1984 see a new deal emerging—a positive programme of real and lasting value?

MOBILITY and AIDS EXHIBITION

The Disabled Mobility and Aids Exhibition is to be held at the Anderston Exhibition Centre, Glasgow from 4th to 6th May inclusive.

The event, organised by Index Exhibition Promoters with the support of the Scottish Council on Disability, has attracted interest from vehicle and aids manufacturers throughout the U.K., and will be important not only for professional staff in health and social work, but also for voluntary organisations and disabled people.

Further information can be obtained from Jim Baillie, Assistant Director, Scottish Council on Disability, Princes House, 5 Shandwick Place, Edinburgh. Tel: 031 229 8632.

NEVER TAKE 'NO' for an answer

To most of us, the thought of a man with a broken neck engaging in drag racing at speeds of 110 miles an hour would seem not only totally unlikely but also the height of folly.

However, 41 year old Roger Duffield Harding, who does just that, takes a very different view of the risks he takes.



Mishap in a Million

With a wry smile, he points out that he gave up the "dangerous" sport of circuit motor racing when he married and took to the "safer" pastime of water skiing—which was how he came to break his neck, a mishap in a million.

"After a strange turn of fate like that, you come to realise that we are all at risk, in one way or another, however secure and safe we think we are. Life is a challenge and the main point is to experience it to the full. In fact I don't think drag racing is particularly hazardous if you take sensible precautions. I take greater risks and face more danger driving down the M4 on a Friday night! Before I do anything I add up the odds and if they look reasonable I go ahead. A degree of risk puts the spice back in life for me".

Roger's sheer guts and determination to live a normal life teaches us all, able bodied and disabled alike, how difficulties, problems and negative attitudes can be overcome, given the will not to be defeated.

"Up yours, Charlie"

It was in 1973 when he was 31 and an experienced water skier and whilst skiing at a school in Poole harbour that the ski hit a mud bank at very high speed and he landed head on with a broken neck, paralysed from the armpits downwards. He remembers little except pain until he arrived at Stoke Mandeville Hospital and spent nine weeks in traction. Even then he says it never occurred to him that he would never walk again. The blow fell when two French speaking doctors were talking to each other at his bedside, unaware that he understood French. One said: "Well, he'd probably be better off dead." The Ward doctor saw his face, pulled the curtains round his bed and spared him nothing. He was told he would never walk again, would never be able to feed himself, would have to live in an institution and would never be able to have a sexual relationship.

Roger's reaction was one of anger and disbelief. "I was just NOT going to have it. I thought

'up yours, Charlie'." For weeks he tried painfully to rehabilitate himself, struggling alternately with bouts of depression and grim determination, but refusing to accept the terrible sentence.

Abysmal State

When in March 1974 he left Stoke Mandeville to go home he could just about feed himself if the food was cut up, could dress himself though this took all of two and a half hours. He could not dial a telephone number and could hardly write. Since then he has learned a few more tricks and can now manage all of these.

There was no help available in Gerrards Cross where he lived and he had to rely on an abysmal state nursing service which could not cope with the sort of person he was. In addition he was trying to grapple with a disintegrating marriage and though his parents were trying to help by living with them, their concern smothered him.

Last Straw

The Council still had not adapted his home and he had to face the ignominy of being toiletted in the sitting room which he felt was sordid and the last straw. A two year battle then ensued to get the house properly adapted to his needs. As the officials prevaricated so he became more "bloody minded". Finally as a question was about to be tabled in the House of Commons, the walls of Jericho fell and he got his adaptations. By this time his marriage had broken up and he had reached an acute stage of depression where he began to long for his periods in hospital and the safe, uncomplicated environment. He realised this was a warning signal and decided he must find a reason for living.

Before the accident he had been a bright, up and coming Market Executive with Grand Metropolitan International Services, but this was now out of the question. He was offered a start at a low level—of a job in the Personnel Department.

Admirable Help

Around this time The Cheshire Foundation set up its Family Support Services, designed to help disabled people living at home at crucial times of the day. A Care Attendant Scheme began operating in Gerrards Cross and Roger became the first client. He finds the help he gets totally admirable. He receives help in the morning in toiletting, and dressing and it must be a tribute to the care he receives that he looks as immaculate as any business executive—perhaps more so!

A Full Time Job

Gradually over the years he has proved himself in what is now very much a full time job—with no favours asked for and certainly no special concessions given—and today is Administration and Personnel Manager, handling an annual budget of £700,000 +, with a staff of nine under him, and seventy employees to cope with.

He now shares his adapted home with two friends who live on the first floor and admits that he fully indulges his taste for fine wines, French food, fast ladies and fast cars!

Drag Racing

As he came painfully to terms with his disability, he found the itch to return to his old love of car racing almost unbearable. He knew that if he went back to his old haunts of Snetterton, Brands Hatch and Silverstone as a spectator, and saw his old rivals tearing round the circuit, his depression would be complete. Then friends suggested he wouldn't feel this way if he went somewhere new and untried and suggested drag racing. He went to a meeting and found it, in his own words, "absolutely fabulous". He decided that here was a form of racing he could still do. Friends thought him "Lulu" but humoured him. He set to work to get the special RAC licence necessary which meant bullying doctors, consultants and others for letters of support. He got it. His first race was in his Vauxhall Magnum automatic. In this car in 1976 he established two class records, won the Constructors Award outright for Vauxhall, came second in the RAC Street Car Championships, second in the National Drag Racing Club's Production Car Championship and third equal in their overall Championship.

Lust for Speed

His lust for speed has continued and his ambition now is to win the NDRC Modified Class Championship and the Overall Championship. The first he feels is possible and the second perhaps less so, though not impossible. This year he came third in class and tenth in the overall championship, establishing three new class records.

To sum up, then, Roger's life style is now good, despite the overwhelming problems involved in being totally paralysed from the armpits down. It has been a long, bitter struggle to come to terms with, but never to accept, his seeming limitations. To live as he does in the community means constant effort, planning and organising almost every minute of his day to try to cope as well as the next man.

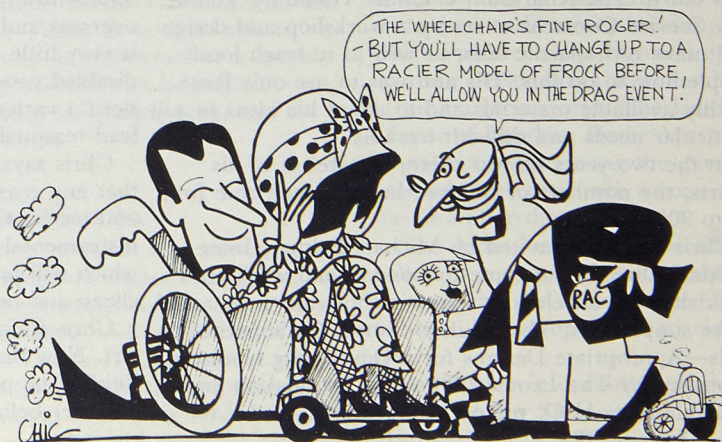
Reachable Targets

His message to others in his position: "Never take 'no' for an answer. Tell yourself you can reach the goal you have set yourself. It would be unrealistic to think you can climb Everest but there are other reachable targets. You must accept that all life is a risk so never sit back and opt for the safe, protected, self pitying way. You'll become bitter and bore yourself to death."

He is not perfect so he still gets bouts of depression. He counters these black moods by doing something boring on which he must concentrate—like filing or making out his Christmas card list in June!

Marriage is certainly not off his list of possibilities. Indeed as a very good looking, amusing man he has plenty of girl friends. "I feel I've really got quite a lot to offer the right girl" he says candidly. Which perhaps is the key to him. He is fully prepared to give as much as he receives.

NOTE: Drag racing is a race between two cars over 440 yards on flat tarmac road on a knock out basis.



SIMPLE AIDS



Chris Dartnell in his workshop in Khartoum, fitting calipers onto a disabled child

Chris Dartnell, a 25 year old industrial designer, was sent out to The Khartoum Cheshire Home by Voluntary Service Overseas to set up a workshop and design and make orthopaedic aids, as well as to teach local people how to do this. His aim was to use only local, readily available materials and to adapt his ideas to suit particular needs and difficult terrains.

In the two years he was there, as a result of his efforts, the numbers of children being helped rose from 80 to 900.

Chris was then invited by Michael Palmer, International Director, to come to London and work on a book showing developing countries how they, too could make simple aids. The result is *Simple Orthopaedic Aids—Appropriate Designs for a Developing Country*, published by The Leonard Cheshire Foundation and available from H.Q. price £2.50 plus postage (U.K. 30p. Overseas £2).

The book has been circulated to appropriate organisations throughout the world and to all Cheshire Homes overseas and has received an excellent reception. There is very little doubt that it will be of enormous benefit to disabled people in developing countries who desperately need a variety of aids to make them mobile and able to lead reasonably active lives.

Chris says: "The designs are simply illustrated so that any reasonably intelligent person could follow them and teach others how to do it. We hope that it will be instrumental in getting people to set up workshops which will provide employment as well as aids that are cheap and practical."

Chris trained as a designer at Kingston College of Art. Now that his assignment for the Foundation is finished he plans to spend nine months as a freelance designer before embarking on a teachers training course.

FATHER DOHENY
writes—

Sense of Security—

In my capacity as Liaison Officer of the Cheshire Homes of Africa, I had occasion to visit the Cheshire Home in Randburg, outside Johannesburg. I talked with the residents and was fascinated by some of the stories they told me.

A German who had fought in World War II had emigrated to South Africa after the cessation of hostilities. He built up a very successful business as a building foreman and eventually as a building contractor.

One day he was supervising the work on a multi-storey building when he slipped and fell down two storeys through scaffolding, under which he was caught by the iron-work itself. It took rescue workers three hours to get him down from the scaffolding, and then he was

rushed to hospital. He had many fractures and after weeks of treatment he was totally paralysed from the waist downwards. He was a married man with a wife and three children. When it became clear that he would never walk again his wife lost interest in him and so too did the children. She started legal proceedings for a divorce and the custody of the children.

The case continued for several months, and the poor wounded cripple was soon at the end of his savings and was running into debt. He got little or no sympathy, and soon he was so in debt, his business had to be sold out. The case went on for seven years and the man was destitute, having lost the court case, his wife and children.

At this point his friend advised

him to apply for admission to a Cheshire Home in Randburg and he fortunately was successful in gaining admission. I met him in 1981 after some years in the home. He was busy at his draftboard, making drawings on a contract basis, but he was happy to have me to tell his tale to and to say how he enjoyed the home. He said: "Since my accident, this is the first time I have felt a sense of security and love and peace."

What a beautiful story.

Could we not write such beautiful episodes in our papers instead of burglaries, violence and rape? We need peace and more promoters of peace.

Father Kevin Doheny, C.S.Sp.
Liaison Officer, Central Region.

THE AIDIS TRUST

Aids are constantly being designed and developed to help disabled and elderly people lead a more independent life at home, at school or at work. These aids, however, are of little use if those who need them cannot afford to buy them.

The Aidis Trust, a registered charity, was formed in May 1975 to seek sponsorship for the equipment needed by disabled and elderly people to give them the chance of a fuller life. The Trust usually launches appeals to help individual people or projects, believing those giving their donations like to know the recipient of their goodwill. However, there is a constant need to raise funds to cover emergencies and general running costs.

◆ *helping those with special needs*

Dedicated Adviser

The work of the Trust is greatly helped by the dedication of Roger Jefcoate—probably the country's only adviser on electronic aids for disabled people. Roger spends a great deal of time organising and directing day courses at Special Schools and Centres, and travels extensively, visiting those with severe disabilities in their home or at school or work, and giving advice on the electronic aids available to suit their needs. Working with the Aidis Trust, he is often able to identify an individual or a special project which can be helped by funding campaigns organised by the Trust.

Promotion Film

A film, given its first screening at Buckingham Palace last spring, has been produced to help promote the work being carried out by the Aidis Trust. It covers some of the people who have been helped by the Trust—among them is Zoe, a nine year old girl with multiple sclerosis, who

is able to communicate with the aid of an expanded typewriter keyboard. Using a similar method of communication, a mother-of-two, who has been severely handicapped through illness, is able to "talk" to her family. The professional Workshop in Milton Keynes is also covered in the film. This is a residential establishment for severely disabled people who have formed their own computer-based company.

The film—"There but for the Grace of God"—was screened to an invited audience in London, which included show business and sporting personalities and members of the business world. The Lord Mayor of London, Dame Mary Donaldson, was among the guests and was presented with a copy of the film after the screening.

The Aidis Trust hopes the film will help to spread the word about its aims and the constant need for funds to help people with special needs.

For further information please contact Nancy Shawcross or Sue Hardwick on 01 - 789 - 4055.

Around the Homes

HOLEHIRD +

Through the Summer months everyone watched with eager anticipation the new extension to the Leigh Groves room being built. There were those who were reluctant to move from their familiar surrounds, while there were others in the shell of the building choosing the place they would most like to sit. No one really knew how it would turn out. Some thought it would be a cold room, others that they might be cut off from the general hurly-burly of life in the main Leigh Groves room.

The builders worked long and hard, and with the weather on their side, managed to finish in time for us to move in before the Winter months. These same workmen showed enormous patience as one after the other of us picked our way over tools and wood, etc., to see how they were getting on.

As soon as we were given the go-ahead to move, our first job was to transfer our stock in the new store room—at last it was all together—no more “five mile” hikes to the cellar or the upstairs store room. The pace of work is now moving much quicker, especially the Printing and Card-making department, which we’ve managed to put all together.

The room, far from being cold, is beautifully warm, and the curtains chosen by our House Committee ladies have ensured its cosiness... Thank you ladies! The view is much admired and once Carol has installed her garden on the patio outside we will have flowers in abundance to admire. Meanwhile, the erection of the bird house and table has brought a flow of feathered traffic... a source of much pleasure to our many bird lovers.

To the Management and Executive, especially Denis Spencer, thank you for our excellent extension.

CANN HOUSE—PLYMOUTH +

In September we were able to move into our new extension which we had watched taking shape for the past twelve months. We had greatly enjoyed the company of the workmen who were here and thought of them as our friends, we were sorry to see them leave, but it is nice to have our extension completed.

The eight single rooms and one double room are very nice, all of them except one single room, which is being kept for holiday residents, are occupied by very appreciative residents. This new extension now gives us 16 single rooms and 9 double rooms. We no longer have 3 bedded rooms. The extension has also provided us with a much larger sun lounge than we had previously. Built on to our dining room it serves more than one purpose. One is to enlarge the dining room which will give us more space at meal times. Last, but by no means least, we have got a lovely big, light and airy room which is being used for handicrafts, television, entertainment and parties, as well as anything else requiring the space.

Our extension was officially opened on October 8th by the Chairman Emeritus of the Foundation, Sir Christopher Foxley-Norris. This important day started when we all joined the Chairman, members of the Management Committee and our guests for a glass of sherry before lunch. Guests included Sir Christopher and Lady Foxley-Norris and the Lord Mayor and Lady Mayoress of Plymouth.

After lunch we welcomed many more of our friends, who have helped us over the years to be able to make our extension possible. The opening ceremony took place outside the new wing and a plaque was unveiled.

After the opening ceremony there were conducted tours around the home, then tea was served in the new television room. Before our friends made their way home—some had come long distances, others not so far to be with us on this special day—we had a very enjoyable day and thank everyone for coming.

Pamela Bennett
Resident

JOHN MASEFIELD HOME



Father Christmas (Dudley Kitching) paid an early visit to the John Masefield Home in Oxfordshire when he held court at the annual Autumn Fayre last November. He is seen here with Mrs. Muriel Jones, one of the care staff, and her grandchildren.

GREENHILL HOUSE

Residents of Greenhill House Cheshire Home at Timsbury, now have their own luxury Mercedes ambulance costing £12,000. It was handed over to resident Mr. Alan Tutt by Weston Super Mare Motors Sales Manager, Mr. Rod Thomas seen receiving the cheque from another resident, Mrs. Vivien Waller.

Mr. Rex Oakes, Head of the Home, said the purchase of the bus was unique in the fact that the residents from their own mobility allowance had paid £20 each month to run and replace their bus. It has taken eight years to raise the money for it instead of the usual appeal to charity.

"This is an outstanding effort by a home of 32 residents, and great credit must be given to them for their motivation and 'get up and go' attitude," he added.



Photo: BATH EVENING CHRONICLE

'Look what we've bought!'

From left: Mr. Alan Tutt, Mrs. Vivien Waller and Mr. Rod Thomas



DIRECTORY

Due to increasing costs and duplication of efforts, this is no longer to appear in Cheshire Smile. A booklet giving all information on the Foundation and lists of homes in the U.K. and other parts of the world, can be obtained from the Headquarters, The Leonard Cheshire Foundation, Leonard Cheshire House, 26-29 Maunsel Street, London, SW1P 2QN. Payment for postage would be appreciated for any large order.



A GRAND RAFFLE

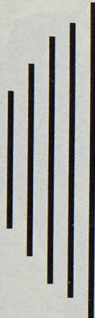
Mr. Stanley Richmond of the 14 Committee is running a raffle in aid of The Cheshire Foundation as from January 31st and offers tickets (normally 10p) to individual homes at the special price of 2p. He suggests that these could then be sold at 10p by the homes and the profit retained by them.

Prizes are as follows:

1. Geoff Boycott cricket bat signed by England, Australia and West Indies at Centenary Test in 1980.
2. Southampton F.C. pennant signed by Laurie McMenemy and his staff.
3. Prints of a Vulcan Bomber signed by Group Captain Cheshire.
4. One week for two people on the Isle of Wight.
5. Weekend for two people in Blackpool
6. Overnight accommodation and party for two people in St. Annes on Sea.
7. Weekend for two people in London or Edinburgh.
8. Sealink crossing for two people and car up to £200.


Tickets can be obtained on application to Mr. Richmond, 167 Church Road, St. Annes on Sea, FY8 3TG. The draw will take place in September 1984.

California



In the past when I have travelled abroad, either on holiday or sponsored tours, I have always made my own hotel reservations, booked my own flights, coach excursions, train journeys and insurance. Everyone then knows that I am a disabled traveller and are fully alerted to my special needs. All this requires a good deal of correspondence and organisation, it helps considerably if you have access to

office facilities, and when these are denied you—through retirement—there is a temptation to use the services of a travel agent, the more so when he offers you a “package tour” to the centres of interest that are high on your list of places you want to visit. The lure is further sweetened when the prices are compared, and you find the competition heavily stacked against you.



The holiday got off to a bad start when I found that the travel agent had not advised the air-line that I was confined to a wheelchair, fortunately I discovered this, purely by accident, the evening before we were due to fly out from Gatwick to Los Angeles, and was able to get them to put the pre-boarding drill into operation. From then on all other arrangements clicked into place, and our passage went fairly smoothly.

Olympic Games 1984

Los Angeles and its environs is in the throes of a massive building programme—stadiums and leisure centres are being rushed up for the 1984 Olympic Games. Hiltons, Sheratons, Holiday/Quality Inn Hotels are being duplicated and triplicated to house the many visitors this sporting event is hoping to attract. One can only speculate as to what will happen to this accommodation after the last medals have been distributed and the city returns to normal, a field-day for the Real Estate people or a headache? One can imagine their spiel “Five-hundred roomed hotel for sale. One careful occupier. Change of bed-linen probably required!”

Colour & Sound

Our hotel was right on the doorstep of the original Disneyland, and fast approaching my second childhood, it was our first tourist trap. Disney was something of a visionary, his space travel and imagined wealth of the “Nether Lands” that could be used to enrich the quality of our lives, it is all here and much more besides: in static display; in larger than life animation; in colour and sound; teasing the emotions as each afternoon the characters and remembered cameos from his films, file down the main streets, a riot of colour, movement and familiar theme music. It is perhaps invidious to compare this Disneyland complex with the one in Florida: there they had more land and the displays, theatres and shops were spread out to greater advantage, but what was most impressive was the boarding of a Mississippi paddle-steamer to reach this island of fun, it all seemed to heighten the anticipation and release the adrenalin. A stark contrast to threading our way through a half-filled car-park, the Shakespearian—“Much Ado About Nothing”—Fords, the sleek Lincolns and the numerous Chevvy's that were in the

final phase of delapidation, to be confronted by the commercial creak of the turn-stiles.

Tricks of the Trade

The bulk of film-work coming out of Universal Studios in Hollywood, centres around the popular TV serials, quiz games and soap operas these sets and props are the attractions of an obligatory tour of this vast empire. On the peripheral of the estate are the many facades, mock-up frontals of whole townships, farmsteads, ranches and sprawling industrial developments. Wide roads that end suddenly on the brow of a hill, or take a sharp left-hand turn onto another set. Off camera are huge fans ready to create the illusion of a hurricane or typhoon, nearby palms and willows on light trolleys standby, waiting to be wheeled on as the location of the script demands. A battery of water sprinklers made a realistic drizzle or down-pour, another button turns a meandering stream into an angry, raging flood, all this accompanied by the appropriate sound-effects. Varying camera angles, subtle shades and shadows, diffused lighting all tend to dispel the discerning “now where have I seen that?” Though we are vaguely

and Nevada

A FEW IMPRESSIONS

By Ken Cooper MBE

aware of these tricks of the trade, to see them in operation destroys much of the magic: Dallas will never be the same again!

Buskers & Weirdos

Flying on to San Francisco, we noticed the drop in temperature, a climate not unlike our own during the late summer. Carved out of a hill, it seemed that as we approached each corner block we faced a steep incline or an even steeper descent, a test of strength and stamina for my companion, more accustomed to pushing me around the comparative level terrain of East Anglia. Little had been done to ease the passage of the wheelchair, for while one side of the busy intersection was ramped, there was no corresponding ramp on the other and you risked a nasty backward somersault in negotiating the extra high curb. This did not deter us from exploring the city, especially Fishermans' Wharf, peopled by street-traders, buskers, transvestites, weirdos, the flotsam of humanity, happy and colourful, betraying no sign of animosity or aggression, though I was propositioned by a teenager, looking for the price of her next fix, she showed no resentment when I pleaded a splitting headache!

Best from across the Bay!

The Golden Gate bridge was something of a disappointment. After all these years it is still daubed in its protective red-oxide paint, waiting, seemingly yearning for its top coat of gold-leaf. The best views of San Francisco are from across its lovely bay, at the village of Sausalito: the bridge is in better perspective and at that distance, its dreadful colour

scheme does not offend the eye. From this angle too the tiny island of Alcatraz looks less forbidding. Interesting to watch the fleet of merchantmen, tankers, ferries and naval frigates, jockeying for position in this natural deep-water port. All this against a back-drop of high-rise buildings fingering the sky giving it a picturesque quality, similar in lay out to New York as seen from Stratten Island, but softer and clearer defined. To the left of the City, is the residential area, slightly Moorish in design, clusters of one-storied condominiums built upon a large garage.

Vineyards and Redwoods

One cannot leave San Francisco without taking the beautiful coastal drive to Monterey Bay through the Santa Cruz forested mountains. In the Sonoma Valley, we stopped off at Saratoga to look round the famous Paul Masson winery and champagne cellars. All through this valley are to be found similar growing conditions to those found in many of the French vineyards, and though their Chablis was similar the same could not be said of the champers, and I think the district lacked the huge deposits of limestone that are peculiar to the French cellars. This particular place had a further claim to fame as it was used to film some of the sequences in the TV series, Falconcrest.

Nearby was the Northern California Redwood forests, and we transferred to a steam train for a three mile journey through these magnificent giants of nature, enjoying the quiet dignity of this magnificent setting, reputed to be the oldest and tallest trees on earth. Closely growing together, with few branches and little foliage they

make ideal building material. It takes two "yellow ribbons"—joined together—to encircle their massive trunks!

Public Buses for Disabled

We did much of our travelling by public transport. Their buses are unique, and though I have travelled far and wide, these are the first I have seen that are properly designed for the wheelchair user. A set of doors slide open, revealing a couple of high steps leading up to the floor of the bus: when a key is turned, these steps fold up to form a hydraulic lift for the wheelchair, a window bench seat is then hooked back and two clamps anchor the wheels to the floor. The design of the British chair is different and the clamps were positioned feet away from the wheels. Having only travelled twice in these buses I became known throughout their Depot as "The bum with the stoopid chair". This was meant kindly for they went out of their way to pick me up, and I think it presented them with an opportunity of playing around with this gadget. There was the occasion when a driver drew up, beaming all over his toothless face for although he had been driving the bus for three years, I was his first wheelchair passenger. We both pouted like proud pigeons. He went through the routine of putting the engine into the lifting position, fiddled a lever, turned a key and flicked a switch. Nothing happened. He repeated the drill three or four times, with muttered oaths and hefty kicks to moving parts that never moved. The machinery had obviously seized up through non-use, and he drove away, a frustrated man very close to tears.

Crazy Offbeat—Las Vegas

Our last stop-over centre was Las Vegas. How on earth do you describe this crazy, off-beat place? Rather like a gigantic leggo-type town that has been “dumped” in the middle of the desert. It is gambling with a capital G, for whatever you lose on the swings, you’ll lose twice as much on the roundabouts—with apologies to Anon for mis-quoting his truism. The foyer of our hotel was crowded out with every type of slot-machine, interspersed with the green beige of the baccarat, chemin-de-fer and crap tables, it required a guide or hotel plan to find the reception desk or restaurant. Throughout the day, games of Bingo or Keno are in continual progress: huge screens all strategically placed display the state of play, and as each game ends a horde of dolly-birds descend on the punters with fresh cards and to collect their stake money. I first saw this in the restaurant, they were then starting game No. 146, the screen was blank and I mistook

this for a time check on the twenty-four-hour clock, and altered my watch. The restaurant too was all keyed-in to getting you back to the table and “slots”, no agonising over meals and dishes, you had the choice of early morning breakfast, mid-morning breakfast, afternoon breakfast, evening breakfast and mid-night breakfast. We spent many of our evenings marvelling at the galaxy of lights, each establishment trying to outdo the next in brilliance and originality, the entire six miles was alive with colour and animation.

Grand Canyon

A party of nine of us chartered a small Cassina plane, to fly the two hundred miles to the Grand Canyon. Most of the flight-path is over desert and scrub-land, skirting the extensive Hoover dam, Boulder City and one or two remote Indian settlements. It’s quite uncanny to suddenly “creep up” on this deep fissure in the earth’s crust, revealing a mass of sunken mountains, crags, cols, valleys and

gorges: through it all meandered the Colorado river, looking very much like a thin trickle of water, now blue, now black, slate-grey, opaque, depending where the pale morning sun cast its shadow. Behind me, Wendy was busy with the camera, and at each exposure came the exclamation “Cor, b---y h--l!” and this just about summed up our surprise and wonderment. We landed at the small air-strip at Tuysen, and took a coach tour round a part of the brim, stopping at various vantage points to inspect the seams that mark the passing years of the Earth’s development. One is often bemused by the logistics that surround such a phenomenon, but what impressed me most was the fact that the whole of these features were the result of water erosion, the dripping-tap syndrome. I regretted not being able to stay longer, to see the sun set on such a scene, but the 747 that was to carry us on the first leg of our return journey was already warming up on the McCarran International runway.



Facade of a film set



Author and friend in Disneyland



United Nations Corner

UNICEF

Keith Warren, working with a UNICEF assisted project in Mozambique, has sent the following article for the "Smile". Originally it was twice as long and it has been difficult to select 300 words from such an interesting article.

"The Schools Materials Development Group teaches Instructors of Teachers. At present there are twenty of them, drawn from all over the country and in due course going back to Primary Teachers Training Centres after their 10 months long course. The job is to show the teachers how to use whatever they can lay their hands on to make practical things to help children to get a useful education.

"At least some of their centres have electricity and they poke the middle out of old clean lamp bulbs, top them up with water and stuff the neck with molten wax. It makes a fine lens for Biology. You practically start back confronting an ant!

"The group is pretty good at making knives with strips of scrap steel and a wooden handle; or a drill from a filed nail. Or a saw of that old kind where a blade is stretched by a twisted string and toggle across a frame made out of wood or bamboo. There is a fair amount of old metal around. Much of Africa has everything from beer cans to derelict cars inhabiting the edge of its towns.

"Bamboo is the next-to-most fertile field. Rings of bamboo make children's building blocks for walls, pyramids, trees. With the saw and a knife they make a beautiful small model water pump (with a marble as a foot valve). A work of art. An executive toy, as they would say in America. The Group hasn't revealed its bamboo electric torch yet. That will slay them. I've seen people widen their eyes, slap their thighs and fall laughing on their bottoms on seeing it. All this sort of thing is a move to help children to master technology. Desperately needed here.

"They do rulers too and a truly magnificent Bamboo Meccano.

"With clay the Group makes a host of products for the classroom.

"Most picturesque though are perhaps the world globes. A village water-pot with the world drawn on it. Ah! You thought that world globes could only be made in factories abroad didn't you? "And where's England?" you ask an eight year old. "There" with an intelligent finger on the right group of tiny islands. "And how do you know it's England?" "Because I put it there". Confident. Just what we want.

"Hats off to a little UNICEF assisted project here in out of the way Mozambique."

Elizabeth Greenwood

Quinte, Ontario

Quinte Cheshire Home has just celebrated its 10th Annual Meeting. We have seen a lot of activity throughout this time—almost 50 people have lived in the home for various periods of time. We now have 12 beds.

There are many people to whom we are most grateful, they have donated consistently throughout the years, saw us through those tough periods, times when the house wasn't as pretty or as comfortable as it is now. We have our own transportation and the linen closets are well stocked, the flooring has been replaced, appliances renewed, interior and exterior paintwork has been completed and renovations to the rear apartment opened up to supply two more beds. All this was accomplished through the support of concerned citizens in the community.

Time has brought many changes both in the physical aspects of the facility and in the services offered.

N INTERNATIONAL W S

I believe we achieved our objectives during 1983. We continue to offer Life Skills, communication skills, DISTAR, self-awareness, assertiveness training, upgrading basic academics, debates, physical fitness, sex education and relaxation therapy.

The highlight of the year was a trip to Variety Village where residents and staff participated in a physical fitness programme for four days.

During the summer months, leisure activities included trips to the beach, picnics and weekly sorties to the Belleville Fitness Trail developed for the disabled. Winter activities included swimming at the "Y", theatre passes and physical fitness, together with group and individualized programmes.

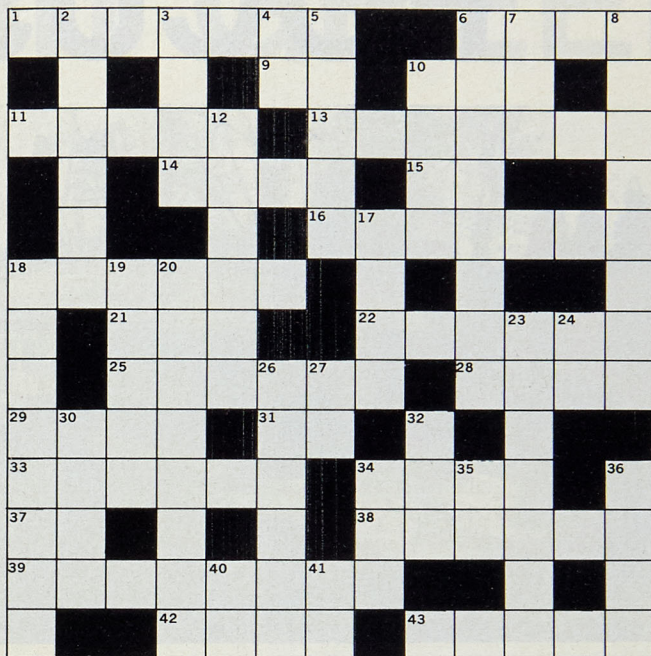
There has been a large turnover of residents during the past year and we are still working towards some cohesiveness. Living in a group home, with its many advantages, is paralleled with some disadvantages that are not easily overcome. Sharing, whether it is a bedroom or a common room, inhibits one's privacy and precious quiet moments, hence I am always surprised at the relatively minute amount of conflict within these limitations.

All of our residents are in a day programme outside of the house whether it is school, ARC Industries, a sheltered workshop or volunteer work in the community.

Cheryl Sullivan was one of my first three residents ten years ago and she is moving out today into an apartment of her own. She will be greatly missed however, I am sure she will have a constant stream of visitors for morning coffee and quiet chats.

Irene Sansom-Grant
Executive Director

CHESHIRE SMILE X-WORD No 2



ACROSS

- 1) Smokers item.
- 6) Fish-cake in the labs?
- 9) Welsh Father.
- 10) Owing.
- 11) Famous warrior tribe.
- 13) Type of clue.
- 14) Polly's other half.
- 15) Initially Morecambe & Wise.
- 16) Small tower connected to main building.
- 18) A handy loo.
- 21) In toto.
- 22) This homes got rot.
- 25) A Golfers wee brew.
- 28) Collect the pears.
- 29) Bad sign.
- 31) Adverb.
- 33) Cromwell's Arms.
- 34) You could easily fall down on this one.
- 37) This little fellow was a big hit.
- 38) Strong supporter.
- 39) From a distance.
- 42) Compo's stocking filler.
- 43) Rendered assistance.

DOWN

- 2) The clue's in 18 Across.
- 3) Look for trade.
- 4) T.V. Commercial.
- 5) A sailing vessel.
- 6) Sister's mum.
- 7) A tennis expression.
- 8) Stumper.
- 10) A man with a colourful life.
- 12) Parts of a flower.
- 17) To persuade.
- 18) Mistakes in the Underwear Dept.
- 19) There is nothing like these in the South Pacific.
- 20) Floating organic material.
- 23) Edward's the relief.
- 24) Short farewell.
- 26) Don't invite him to your tea party.
- 27) Short for island.
- 30) To muffle the sound of a musical instrument.
- 32) Period of time.

N INTERNATIONAL W S

TWINNING

During 1983 twenty-nine U.K. homes, one home in Canada, one in Ireland and a Rotary Club in Eastbourne sent a total of £8,813 to their Twins in various parts of the world. This is a heartening figure and represents a great deal of involvement by residents in many Cheshire Homes for which we in the International Office are extremely grateful.

Twinning really took off after the International Week which was followed by so many overseas residents visiting U.K. homes proving how important personal contacts are. I think before 1981 the few homes involved sent their donations direct. But this was not very satisfactory. So we try now to ascertain that all donations come through the International Office. We then

organise a bank draft which is the safest way of moving money. Moreover, if anything goes wrong the bank pays up and we do not lose. However, just occasionally this message has not got through and even last year a few cheques were posted overseas and some did not arrive and then were even resent! PLEASE may we help to get your generous donation safely to the overseas Cheshire Home in future?

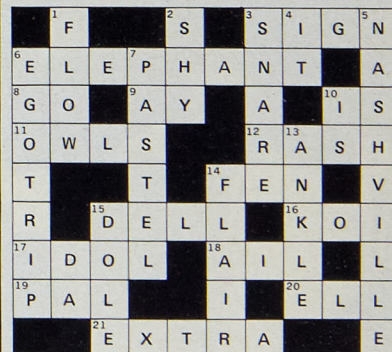
To those of you who have donated so generously in 1983, thank you. Carry on the good work in 1984 and please if you have funds on deposit for your Twin, see that they reach us before the end of the year so that the grand total is as correct as possible.

The Radio Appeal on the BBC on the 13th May will further accentuate the extreme needs of many of the Cheshire Homes in poverty stricken parts of the world as this time the Appeal is specifically for the Overseas Cheshire Homes.

Ann Sparkes

Twinning Co-ordinator International Office

SOLUTION TO CS Crossword No 1



ANSWERS TO "A MUSICAL CRUISE"

- 1: Piano. 2: Accordion. 3: Violas. 4: Bell. 5: Drum.
- 6: Piccolo. 7: Trumpet. 8: Lyre. 9: Fiddle. 10: Corner.
- 11: Cymbal. 12: Organ. 13: Double bass. 14: Pipe.
- 15: Castanet.

Mercury in the Thermometer

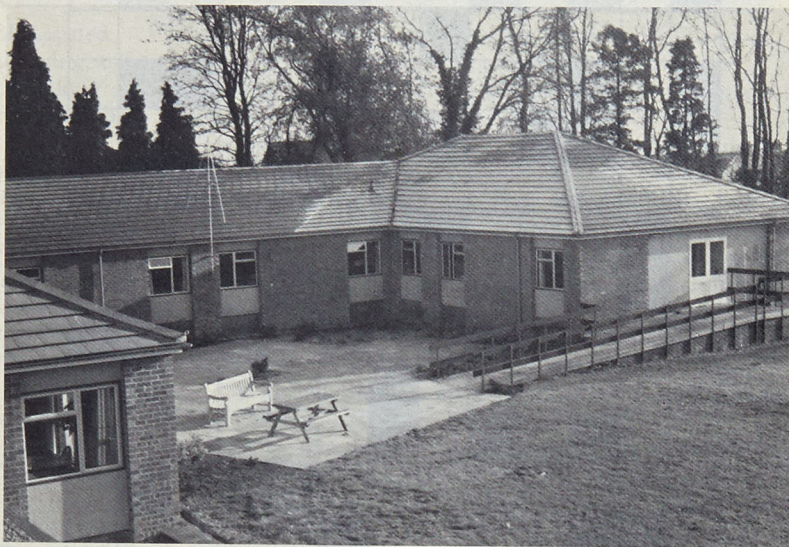
Greenhill—better known locally as The Oxfordshire Cheshire Home—stands on the main road between Adderbury and Banbury at Twyford, and full advantage has been taken of this advantageous position. A prominent notice board alerts passing motorists to the Greenhill Appeal with the target of £250,000 at the top of a giant thermometer. The mercury in the thermometer shows, however that £170,000 of that sum has already been reached. A remarkable achievement since the appeal was only launched in January 1981. The money is needed to repay the loan which built the splendid extension which was officially opened in April 1982 by the late Group Captain Douglas Bader, and provides eighteen single rooms and three double rooms, all furnished to the individual tastes of the twenty four residents.

Jumble sales, coffee mornings, fetes, fairs, Christmas and greeting card sales, sponsored events and a host of other local activities have all contributed to the success the home has had in raising money and it is a tribute to the hard work of the Appeals Committee and the Appeals Organiser, Bob Hain, who is seconded to the home by the National Westminster Bank.

Jill Dalby at work in Therapy Centre making calendars. Jill is also Secretary to the 'House Committee'.



FOCUS



The new extension—South Wing

Visitors

Frank Phillips who became Head of Home six months ago explained: "Our position in the heart of the community on a busy road helps to ensure that people don't forget our existence and we don't neglect to advertise ourselves on that nice frontage. We very much encourage visitors and we have a busy programme of talks to schools and local organisations. We are very lucky indeed that the local people give us so much generous support as well as taking a keen interest in the home.

"For example, only recently a young man called in and explained that he and his girl friend hadn't spent all their holiday money and would like to donate what they had left to a worthy cause. Apparently he was just driving past when he spotted our thermometer. Anyway the surplus he handed over turned out to be £200!" A smaller, but not less important example of care was the little girl who baked some scones and sold them for £2.15 in aid of the home.

Boyhood Hero

Frank Phillips was a Chief Medical Technician in the Royal Navy for 22 years and is also a State Registered Nurse. He and his wife Mary, who takes a keen interest in the home and the residents, live in a lodge at the gates of the home and are totally immersed in their new life.

"Leonard Cheshire was one of my boyhood heroes" reminisces Frank. "I little thought that one day I would be running one of his Homes".

on GREENHILL

by KAY CHRISTIANSEN

Motivation

Frank regards as top priority the motivation of the residents so that they live as actively and positively as their disabilities will allow. He feels he has already made a good start by persuading the residents to become more and more involved in decision making and in the running of the home. The Residents Committee has been re-formed and meets twice a month in one of the resident's rooms. A resident is also represented on the House Committee and there are two residents on the Management Committee.

Many Crafts

In the extensive grounds is an occupational therapy room presided over by Enid Smith, where all kinds of crafts are carried out.

Resident Ron Barnard makes very popular bath mats out of nylon waste and sells them in aid of the home. As he worked away patiently he has the company of his budgerigar in a cage beside him.

Resident Robert Newton enjoys painting greetings cards, despite the fact that he has only tunnel vision. Robert developed a tremendous interest in America when he was a young boy living in a children's home. "Americans used to visit us and they were so nice and so generous I felt I wanted to know more about their country," he said. Recently he visited New York and went up the Empire State Building, visited the trade fair and was taken on a helicopter trip over the city. It is hoped that later he may be able to arrange an exchange visit with a resident in one of the American Cheshire Homes.



Ron Barnard makes bathroom mats which he sells to raise money.

Peter Reynolds—runs the wheelchair Appeal



Communal accommodation at Greenhill consists of a pleasant, airy common room, with television, a grand piano and a library, a dining room and a bar which one of the residents, Len Wallace, helps to run. The bar doesn't open at regular hours but it is pleasant and relaxing when friends arrive for residents to entertain them to a drink without having to go out.

Charlie Hayward producing chamois leather rings which we sell to raise money.

Charlie Hayward, another resident, makes wash leathers out of scrap pieces of chamois leather and also paints pictures on velvet with felt tipped pens. One of his favourites, a ferocious looking tiger, is to be hung in the home. Charlie is also a keen gardener and spends a lot of time planting bulbs and tidying up in the grounds.

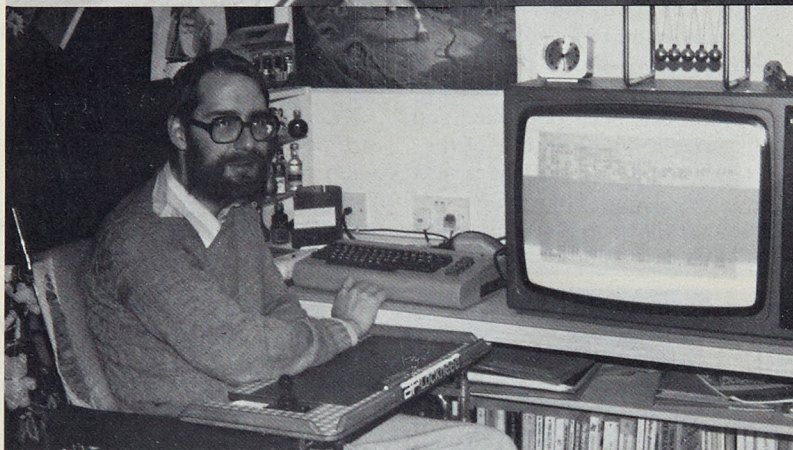
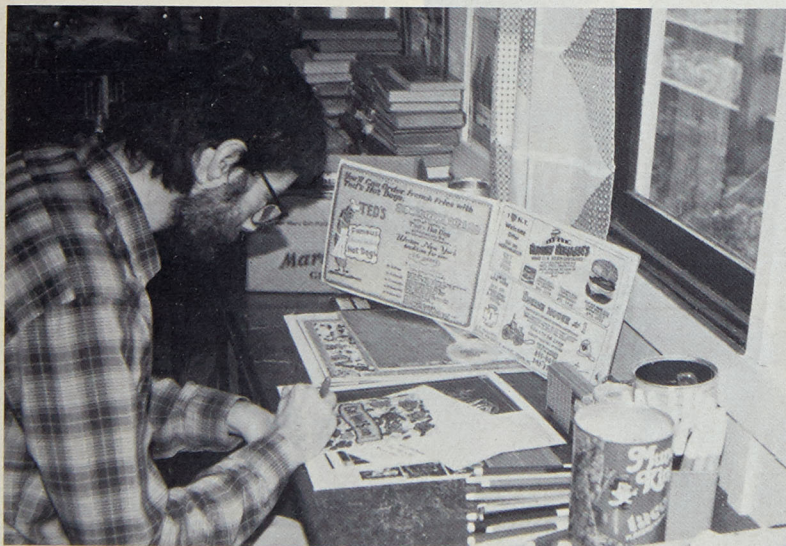
Sally Lavender, who has multiple sclerosis, has only recently become a resident and pronounces herself delighted with her new home.

Wheelchair Fund Task...

Peter Reynolds, who is a spastic, has taken on the daunting task of The International Wheelchair Fund started by the late Norman Whiteley MBE, a resident of Athol House. He is hoping to despatch a donated wheelchair to Nigeria soon and is devising ways of raising money for aids for handicapped people in Cheshire Homes overseas. A group of residents have just conceived the idea of becoming agents for a mail order catalogue and donating their commission from sales to the Wheelchair Fund.

Majorie Cooke is the home's Senior Citizen. She came to Greenhill only three weeks after the home opened in 1969 and is now 75 years of age.

Robert John Newton, the homes artist, producing a get well card.



Chris Kulwicz at work with his computer.

Adult Literacy Scheme

Chris Kulwicz is 33 and has multiple sclerosis. He had just graduated with a B.Sc. in physics when he became ill. For a time he took private "O" Level pupils but found teaching difficult as he does not have a teacher's training. Now,

however, he has acquired a computer and is busy plumbing its mysteries and writing a programme for it. In addition, he is investigating the Adult Literacy Scheme. "I feel sure I could cope with that," he said. "It would be very satisfying to be instrumental in teaching someone to read for the first time". Chris is Chairman of the Residents' Committee.

Ian Ellis is 44 and also has multiple sclerosis. He works part time locally as a time study clerk.

The staff at Greenhill total 40 and include Gillian Cooke, who is Head of Care, Ann Gardner, who is Bursar, and Joan Armstrong, who is Housekeeper. Frank Phillips speaks enthusiastically of the back up they all give him. "They are so loyal and give such a lot of their own spare time".

PLAN CHEST

Keith Cook

A stitch in time saves nine.

Building maintenance is a legacy which none of us want, but which we ignore at our peril. A letter unanswered or a telephone call ignored may go away, but building problems never do. In my travels to Homes where new work is envisaged, I try to take a quick look at any existing buildings to assess not only their present condition, but what should be spent in the near future on maintenance and keeping abreast of modern standards. Many Homes have adopted good systems of planned maintenance, usually based on a well-informed group of experts who can be flexible and yet thorough in organising the work.

Cannot See the Wood.

At times, we are so close to our work that we cannot see the wood for the trees. Flat roofs are a common example; repairs being made on previous repairs, while the cause is more fundamental. A change of use, a lack of insulation or its bad positioning and the absence of vapour barriers could well be the real problem. Heating and ventilation systems are having greater demands made of them as we expect higher temperatures and a lack of draughts, which in turn changes the conditions within the building structure.

Why not set up a maintenance plan? This can cover all those little, easy to forget, jobs such as clearing gutters and drains, and can ensure that the larger ones are taken in a workable order. The Treasurer will be happier, too, if he can budget for a known cost rather than leaping from crisis to crisis. A factor can then be included to allow for the upgrading items involved in insulation, double glazing, re-carpeting and equipment just to start the list.

Software for Hard Jobs.

As computers proliferate at an alarming rate, they seem to appear in Committee Minutes in the way rabbits did once, perhaps a programme could be run just for a maintenance plan; providing a regular print-out for the Management Committee and handyman. I am sure this could show savings in finance and frayed Committee nerves, and I would like to help where possible in setting up any such programme. Computer programmed maintenance plans are regularly used for the Royal Houses and what is good enough.

This leads me on to one very special future plan which is causing ripples of excitement across my drawing-board.

"Park House, on the Royal Estate of Sandringham, the birth-place and childhood home of The Princess of Wales, was offered to The Leonard Cheshire Foundation by Her Majesty the Queen in November 1982 to be used for the benefit of disabled people. After a careful assessment of the possibilities of the house, the Foundation accepted the gift with gratitude and decided that it would be very suitable as a short-stay centre, where disabled people living in residential Homes or being cared for by relatives in the community, could have a pleasant holiday, along with family and friends. It would also offer respite for those caring for disabled people during times of crisis or when they are in great need of a rest from their heavy responsibilities."

Obviously, although much work has already been done, a project of this scope takes considerable time, but I hope that this Column will be able to keep you up-dated on the technical and planning implications as progress is made.

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Retirement of MARGARET BURKMAR

*Assistant
Treasurer*

It was with great sadness that the Foundation staff at Maunsel Street bid goodbye to Margaret Burkmar on Friday, January 13th, following her decision to retire from the Assistant Treasurership.

Margaret joined the Foundation over sixteen years ago during which time she gained deep respect as a key member of staff as well as great affection for her unfailing kindness and courtesy to all who came in contact with her.

As a mark of their gratitude the Trustees presented her with a beautiful gold brooch and The Founder paid tribute to her many fine qualities and to the tremendous contribution she had made to the Foundation as it developed over the years.

The staff also presented Margaret with their personal gift of a pair of gold earrings at an informal tea party.

Margaret's job as Assistant Treasurer was complex and developed greatly in scope as the Foundation developed.

Happily, Margaret will not be severing her ties with the Foundation as she has agreed to become Honorary Treasurer at Chipstead Lake Cheshire Home.

In her earlier career she served with the British Embassy in Rome, and as a Red Cross Welfare Officer in service hospitals in the United Kingdom, Austria, Germany, Malaya, Japan and Korea.

Margaret has been very touched by the many kind letters she has received from the Homes expressing their thanks and good wishes for the future—and she would like it to be known how much these letters have meant to her.



New Assistant Treasurer



Margaret's replacement as Assistant Treasurer is Miss Rita Belletty. She left her home in Calcutta, India in 1958 to come to England with the intention of going round the world. However, she postponed this ambition for some years, working as a secretary for a number of companies. In 1970 she joined a company secretary's department, studied administration and qualified as a Chartered Secretary in 1979. Soon after she was appointed company secretary. In September 1982 she decided it was time to fulfil her original intention and took off on a world trip which lasted for nearly a year. She returned to England in August 1983, having had a fascinating journey during which time she made many friends.

She took up her new post at Maunsel Street on January 3rd.

Tom Hulley was recently dismissed for sanctioning a "personal relationship" between a care assistant in the Hertfordshire home for physically disabled people he ran, and a female resident.

Disabled People's Support for Social Worker

A contribution from the
Union for the Physically Impaired

In our society, physically impaired people who need personal help in their daily living, and who for whatever reason cannot get that help within the community, have no choice but to go into residential institutions. In these places they are rendered, physically and economically, totally dependent on others and on other people's decisions, and characteristically they lose their basic human rights as free people with control over their own lives. Once segregated in this way, they come under the powerful control of so-called "professional" bureaucrats and administrators, who all too often fail to treat them as individual responsible people, but rather deal with them as essentially a problem of "management".

In social work today, the harmful and dehumanising effects of institutionalisation on physically impaired people are well researched and universally acknowledged. The need and the right of adult people to be responsible for their own lives, and to participate fully in decisions which affect them, are widely recognised. Increasingly the function of genuinely "caring" and constructive social work is to enable people to exercise this responsibility for themselves, and the role of social work lies in the "maintenance and possible enhancement of physical and emotional independence".

It is ironic that this last quotation is taken from the Operational Policy document adopted by Hertfordshire County Council for the running of St. Michael's House. This Hostel, designed to accommodate twenty-four physically impaired men and women, was opened two years ago and was the first built by that Authority. In view of this lack of direct experience, the Policy goes on to say,

"flexibility in the light of experience will be essential". In his work as Officer-in-Charge at St. Michael's, it was just these principles of good social work that Tom Hulley tried to put into practice. For doing so, despite the written Policy guidelines, he was sacked by those whose "managerial" views of social work responsibility acts so strongly against the independence of clients.

The ONLY reason given for Mr. Hulley's dismissal is that he failed to prohibit a personal relationship between a temporary resident at St. Michael's House and a junior member of Care Staff. As a responsible Officer-in-Charge, Mr. Hulley was well aware of the relationship as it developed. He raised the matter within the community of people living and working in the Home. The view taken by residents and staff as a whole was that the two people involved were quite capable of separating the personal from the professional. Therefore their relationship did not in any way disrupt the running of the Home for others, and apart from that, what personal relationships people chose to make, and how they conducted their own private lives, was their responsibility. There was no question that the physically impaired person involved—herself a qualified and responsible employee of the Council—needed "protecting" from her own decisions, nor any kind of interference in her private life. Mr. Hulley's lack of controlling intervention in this particular situation was fully in line with the official policy of St. Michael's, and with the modern social work practice which it reflected. It was an individual decision, made with highly professional judgement in the individual and collective interest of the people for whom his position made him responsible.

On confirming from Mr. Hulley that such a relationship existed at

St. Michael's House and that he was not prepared to prohibit it, the Director of Social Services, took it upon himself to dismiss Mr. Hulley. He has declared since that he was not at all concerned with the individuals involved, but Mr. Hulley's dismissal was purely "a matter of management". No personal relationship of any kind was permissible, in the Directors view, between a Social Services' employee and a client, because he considered all Social Services' clients, including physically impaired adults, to be "vulnerable and at risk".

Recently, in attempting to defend his action and to justify it with some written rule of social work practice, the Director has only been able to quote from a Council warning to employees against sexual relationships with children. He gave it as his professional view that this rule extended by implication to physically impaired adults and to all personal relationships, because, he said, these become sexual. Whatever we might deduce from this statement the clear administrative significance of the warped attitude which is visited upon physically impaired people is that they are as children and are to be managed accordingly.

It is just such disabling and dehumanising attitudes and behaviour, as demonstrated here by the Director, that have blighted the social work profession and the lives of physically impaired people for many years.

For disabled people, change, in the fight against our oppression and dehumanisation, comes only slowly. But the courageous campaign of St. Michael's residents for the re-instatement of their friend and Officer-in-Charge is the struggle of us all. By uniting physically impaired people with those who professionally or politically really care about us, that struggle will demonstrate that the time has passed when we could be treated in this way with impunity.

I thought it was about time I put my view forward on the farce that has taken place in Hertfordshire recently.

I am one of the "culprits". (The Vulnerable One!) The one who has to be protected just in case a male care assistant decides to take her for a ride! I should be so lucky!

Why do you think I and people like me need to be protected? Well, because we're disabled, of course! Why else? In this business there appears to be a group of people who sees anyone who sits in a wheelchair, walks with crutches or has any form of physical disability, as a danger to themselves. They are not capable of using their own minds and so have to be "cared" for, in the full sense of the word.

Let's get this straight. There are many forms of disability, too many to put into categories, but I am talking about those people (yes, they are people) who, like me, have a physical disability. Not a mental one, or an emotional one, but a physical one. (Could a few heads of departments and people who hold high positions in the social services be put into any of those categories I ask myself!) I am talking about adults who happen to be physically disabled.

St. Michael's House in Welwyn Garden City, is a hostel for such people. When it opened, everyone believed that the aim of the place was to allow residents to be themselves, to make their own decisions and to be able to live away from the usual institutional type accommodation. Eventually it was hoped that together residents would be able to manage the hostel themselves, with the "assistance" of the staff.

Staff are there to aid residents in their day to day needs and to give support and encouragement to those that need it. These are the things Tom Hulley worked towards. He encouraged people to be themselves and gave them the opportunity to do that. Is that such a crime, a reason to sack him? One thing his sacking shows is that people in high authority know very little about disabled people and what they want. People like Tom Hulley do.

Tom Hulley was recently dismissed for sanctioning a "personal relationship" between a care assistant in the Hertfordshire home for physically disabled people he ran, and a female resident. Here, Patricia Gay, "the other woman" in the case gives her side of the story.

PATRICIA GAY *'the other woman'* SPEAKING OUT—

When Phil and I realised that our relationship was more than just a casual friendship we were very concerned about the other people at St. Michael's, staff as well as residents. Tom, too, was concerned. At that time I was the resident's representative which meant going to the officers' management meetings once a week and then discussing the issues brought up at the resident's meeting, and vice versa.

It was at one of these meetings that Tom brought up the subject of relationships. He didn't name names, but it was very clear to me who he was talking about. I was very annoyed at first that he hadn't taken me aside and said it to me, but once I had calmed down and thought about it I realised that Tom was trying to get all of us to think about the situation and so come to a conclusion together.

Tom did talk to me about it later, but it concerned all of us and so it was an issue that needed to be brought up at the management meeting and the resident's meeting. So, because of Tom, I went back to the resident's meeting to discuss the subject.

Everyone was aware of the relationship and so I really had my leg pulled! But we agreed that providing Phil was doing his job properly, then nobody could complain. The reason for this was that they felt that what Phil did in his own time (the same thing applied for me) was up to him and nobody had the right to tell him how to run his private life.

The issue was discussed with staff as well and everyone backed us and Tom accepted the situation. It would have been very easy to carry on the relationship secretly, but we felt that that was being deceitful. It was a matter that involved the other residents and staff as we all had to live and work together in a very small community and so they had a right to know.

So the people it really concerned were happy about it. Everyone was made aware of what was going on, including my occupational therapist and my family. My family especially were behind us. They know me probably better than anyone and knew I was capable of running my own life and realised that Phil was not taking advantage of me, but that we were two people who had developed a deep friendship that turned to love. There are people who say that it is not possible to have a professional and personal relationship together, but it is. We, with the help of others, proved that. We are both adults and capable of seeing each other's faults and are not scared (or too entwined in each other) to criticise each other.

Why should one man be penalised for allowing two adults to fall in love? Tom saw that we were aware of other people and able to separate the personal from the professional. He did his job to the satisfaction of the people concerned with it, namely the other residents and members of staff. If we had spent every minute of the day together or affected the other people at St. Michael's in any detrimental way, then Tom would have reacted very differently and rightly so. He is not a man who is frightened to say what he thinks or to put his foot down, but he is human!



INTERFERENCE II

by Hampden Inskip

Should Management Committees discuss care issues? I want to ask some questions which arise in part from John Lambert's friendly but in some respects firmly critical article in the last Cheshire Smile and in part from the responses of some Management Committees to the paper from the Trustees to which John Lambert referred.

continued from page 31

The Hertfordshire County Council built a place that was supposed to mean freedom and independence for many disabled adults. To allow that to happen we have to be able to take risks, just like anyone else. We are not different. We are the same as able-bodied people. Yes, Phil may find someone else, or I may. The relationship may split up and I may get hurt, but isn't that part of life too? We all have to go through it. We should be allowed to choose the friends we want and to fall in love with the person of our choice. Everyone else has that right, so why shouldn't disabled people as well?

I made a choice at St. Michael's and everyone else took the risk with me and one man has suffered for believing in me and people like me. Is that really fair? The County Council does have to guard against people being taken advantage of, but they cannot and must not take an overall view on it. People are different and so each case is different. Surely, providing everyone else concerned is happy then nothing is being done that is wrong.

Tom Hulley is the kind of person who is needed in social work. He is needed by all disabled people who want to be allowed to "live", like those at St. Michael's. The other residents at St. Michael's, along with me, believe we could do with more people like Tom Hulley and less of the bureaucrats who sit behind their big desks and try to run other people's lives.

(Editor's Note: We learn that this relationship has since been broken).

1. *What is embraced by the phrase Care Issue?*

The Trustees thought that it was clear from the document referred to by John Lambert that it covers all aspects of living in a residential home. It is apparent, however, that some readers define a care issue as being confined to personal care of a kind requiring the skills of a doctor or nurse. Can we please have some suggestions as to words which we might use to avoid this misunderstanding?

2. *What is liable to happen if a Management Committee appoints the wrong person as Head of Care?*

Each person will have his or her own list. Most lists will probably include an unduly restricted lifestyle with little if any real freedom of choice and a demoralised apathetic or rebellious staff. Some lists will include poor physical care and/or absence of response to a residents emotional needs. Is a Management Committee more likely or less likely to make the wrong choice if its members see no reason to spend part of their time discussing, and thereby widening their knowledge of care issues?

3. *Does it ever happen that a doctor appointed by the Management Committee as its medical adviser and the Head of Care attempt to impose an over medically orientated model of care in a residential home?*

If the answer is "yes", is the Management Committee which sees itself as having delegated all care matters to the doctor and Head of Care, and sees no reason to spend part of its time discussing care issues, going to be in a position to arrive at an informed and sound judgement as to when corrective action is desirable? If there is a dispute between residents and the Head of Care or doctor, for example over risk taking or a residents control of his or her own medication, how does such a Management Committee decide who is right? Incidentally, we had hoped that the days when Management

Committees appointed doctors were drawing to a close. It seems that in some places there are still miles and miles to travel before hope becomes reality.

4. *Does a Management Committee have any responsibility for monitoring, and where necessary correcting, care standards in the home it manages?*

If "yes", is a Management Committee that sees the need to spend some of its time discussing care issues going to be more likely or less likely to monitor and correct in an informed way? If "no", who is charged with that responsibility?

Sometimes a Management Committee has to take a decision on a care issue in order to prevent undue interference in the life of a resident or member of the staff. An unnecessary decision will probably result in gross interference in the life of another. Failure to take a decision when one is needed may well permit someone to continue unduly interfering in the life of another. A bad decision may well be worse than no decision.

The promotion of discussions on care issues is one of our ways, but not the only way, of trying to help everyone to ensure that residents are able to live in residential homes without undue interference but with safeguards against decisions based on ignorance or well intentioned misconceptions. Sadly, it is sometimes those who speak most strongly against the need for Management Committee members or Trustees to add knowledge of care issues to the common sense, knowledge and experience which they bring with them from their everyday lives, who speak loudest and longest on any issue of care on which a Management Committee has or chooses to take a decision.

Is our endeavour, although stumbling and imperfect, one in which you would like to see us persevere? If "yes", do you have any suggestions to help us forward? If "no", please carry on the debate in the next issue of the Cheshire Smile.

JO WAGSTAFF says . . . was this being KIND to ANIMALS ?

One subject that is always guaranteed to rouse strong feelings is that of "cruelty to animals" in whatever form—be it vivisection, battery farming, or breeding animals for their pelts.

So when I heard recently that my sister's pet duck had been savaged by a mink that had been "liberated" by foolish people who prided themselves on their "kindness" to animals—then my own feelings were aroused strongly.

You may have heard through the media that a large number of mink (formerly on a fur ranch in Devon) were now roaming the countryside free to kill other harmless animals. Didn't their liberators know that these creatures are among the most vicious killers in the animal world? Had they given any thought to the domestic pets that would be injured or killed as a result of their action?

Animal rights organisations are often composed of well meaning and caring people who are trying to give animals a "voice" in our often heartless society, and I don't think they would do anything as foolish as this, except for those on the lunatic fringe. I can understand the revulsion with which most of us would view the sight of a domestic cat staked out and wired up on the vivisection table, though I do acknowledge that some experiments are necessary. I can sympathise with the housewife who—because she has a small food budget—will buy the cheapest eggs that she can—battery farmed or not. But to return to the mink—it is true to say that none of us would die if we didn't have a mink coat, but it must be said that ranch farming of fur is preferable to trapping.

Nonetheless, what I dispute is the muddle-headedness of the do-gooders who thought freeing mink would make an adequate protest about the abuse of animals. It didn't, it just turned people against them—which is a pity, they are capable of many good works.

You wonder what happened to my sister's totally pacific and docile duck—well, she survived . . . just. Poor old "Foggy" (as she's called) was terribly badly injured and shocked, never knowing anything else but peaceful co-existence all her life. She had been swimming as usual—in her pond at the bottom of the garden, this pond was fed by a small stream and this was how the escaped mink had got its access. The vicious animal had torn large areas of flesh and feathers from Foggy's head, and the resultant noise of the encounter had brought rescue just in time to save her life.

It's all very well for people to say that the liberator's "meant well", we can do without that sort of uninformed well-meaning, there are more efficient and productive ways to protest about cruelty to animals.

(From "This and That", Douglas House.)

SWEPT SOUTH

by Reg Henderson



Edinburgh to Essex, a distance of only 410 miles using motorways, but being on a bicycle I was forced to use A and B roads, thus increasing the distance to about 500 miles. Arriving in Edinburgh I visited Mayfield House Cheshire Home before starting my journey in fine, sunny, but very cold and windy weather. It was gale force by the time I reached Dunbar. I was blown off my bicycle twice on the coast road to Berwick and decided to turn off the A1 and head for Wooler for the night instead of Newcastle. As I approached the Cheviots it started to rain, which soon changed to snow.

It took me 10½ hours to cover the 55 miles to Newcastle. Leaving Newcastle for Consett the wind was gale force. On Chester Moor I came to a complete stop and had to walk. I realized that I could not keep to my schedule and would have to ride with the wind behind me at an angle down the country.

Mr. Reg Henderson did a sponsored cycle ride to raise funds for the South Essex Project. On his route from Edinburgh to Chigwell he visited Mayfield House Cheshire Home and Hovenden House Cheshire Home and has raised in excess of £300.00 for the project.

By the afternoon I was able to turn back onto the A1 for Doncaster. 130 miles in 12 hours, which was a bit nearer the distance I needed to travel in one day.

Hurricane force winds blew straight in my face as I struggled on and finally reached Lincoln Y.H.A. I visited Hovenden House Cheshire Home where I was made very welcome, and would liked to have stayed longer with them but felt I should push on in view of the weather. I managed to reach Kings Lynn for the night.

Five days later I was touring Cambridgeshire and felt the full force of the strong wind when going over the Fens.

On the final day, 450 miles on the clock, I made a leisurely ride in but felt cheated, having spent six days battling against the high winds, this last day could not even raise a puff of wind! I arrived at the Chigwell Cheshire Home Project site dead on time to be welcomed by the Chairman of the local Council and a number of the project's committee members, having cycled a total of 504 miles.

I would like to apologize to the residents and staff of the Cheshire Homes that I had intended to visit on my journey South, but my route was dictated by the wind.

Sincere thanks are extended to the Committee of the South West Essex Project for undertaking this ride to raise funds for the Epping Cheshire Project.



Gardening

Dear Editors,

For some years now I have been Chairman of "Gardens for the Disabled", which has been able to co-operate effectively with several Cheshire Homes.

We are now informally associated with another organisation called Horticultural Therapy, which should enable us to increase our activity both in quantity and quality. The concept is that Horticultural Therapy would probably take on major undertakings and our Gardens for the Disabled Trust will concentrate on the smaller type of project, for example sheltered houses, day centres and individual gardens. This should tie in admirably with the increasing trend of Cheshire Homes residents to move out into independent living.

If anyone, either a home, or individual or a small community group, feels they could use our services, please contact the Hon. Secretary of our Executive Committee: Mrs. Margaret Knight, Little Dane, Biddenden, Nr. Ashford, Kent. TN27 PAH.

Yours sincerely,

Christopher Foxley-Norris

More twinning

Dear Editors,

It has been suggested that we write to you in an endeavour to interest other Cheshire families in twinning with an overseas home in the more underprivileged parts of the world.

Over the past seven years we have raised over £1,000 for our "twins"—one in the Asian continent and one in the Caribbean. Our interest in helping these poorer homes came about as the result of a talk by Ron Travers at

the Bloomsbury Conference Centre.

The initial amount contributed by each member of the family was 2p a week and as inflation rose so our contributions rose, and we now contribute 10p a week. Two members of the family, namely Jacqueline and Terry Bramley collect the money, either weekly or monthly, and keep a record of all payments. We have also held small raffles amongst the family and friends and this helps to boost the sum total.

As and when a new member arrives in the family he or she is told of our endeavours and invited to join us and in seven years only two have refused; we, of course, respect their wishes and hope that in time they will change their minds.

One of our "twins" had first to build a perimeter wall before the home could be started and they sent us photographs as both progressed, and the other "twin" sent us photographs of their residents—all children—and this has very much strengthened the links between us.

During the I.Y.D.P. we were part-host to the House-mother of one of the "twins" and she told us of the staple diet of her family and we realised just how lucky we are in this country and it made us much more determined in our efforts.

There is a comparatively easy, quick and sure way to help these poorer homes. All one has to do is to send a cheque to the Leonard Cheshire Foundation International and they will do all the rest.

With all good wishes,

Yours sincerely,

Dorothy M. Douglas,
Residents' Representative,
Seven Springs Cheshire Home



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AL LORD OFF TO NEW CHALLENGE

Foundation Aids and Equipment Adviser

It was with a sense of loss and also of deep gratitude that the Foundation said farewell to Al Lord, its Adviser on Special Aids and Equipment for nearly thirteen years, when he attended an informal party at Maunsel Street on February 2nd.

Cheshire Homes everywhere speak glowingly of his skill, knowledge, instinctive understanding of the problems of disablement and of the tremendous contribution his work has made to the comfort, mobility and well being of residents.

Because of his innate modesty, comparatively few people realised how renowned Al is as a leading authority on special equipment problems.

He was trained in America as a rehabilitation engineer after which he returned to England and worked variously at the Mary Marlborough Lodge Orthopaedic Centre, the Nuffield Orthopaedic Centre and the Queen Elizabeth Foundation for the Disabled at Leatherhead.

Among many other achievements he was very deeply involved in devising aids for thalidomide children, particularly in relation to upper limb problems.

He earned universal respect, not only because of his unique training and vast knowledge, but also for his inventiveness, technical skill, his quick grasp of particular and individual disability problems, and his humanity.

His interest in the disabled spreads beyond aids and appliances only and embraces also architecture and the interior planning of residential homes and private homes, all part of his wider concern to help to improve the quality of their lives, and as far as possible to rehabilitate them towards a near-normal life.

Al has never spared himself and many are the tales of his swift and wholehearted response to any cry for help.

Most of his work has been in and around the U.K. Homes but he has also undertaken occasional assignments in Cheshire Homes overseas with great success.

As one Head of Care put it: "Al is a Yorkshireman and he has that direct way of approaching people from all walks of life so that he can instantly establish an open, no-nonsense relationship".

"He is totally professional and expert in everything he does and displays enormous patience, practical sympathy, concern and determination".

"His energy and drive is amazing. He will not rest until the problem is solved and he has a vast network of contacts and knows exactly where to go and how to cut through bureaucratic red tape".

"There is no doubt that his skills have helped enormously to transform the lives of a great many disabled residents over the years".

However, Al is not retiring but is off to conquer fresh fields, having been seconded by the Foundation to an overseas project. Last year the Foundation

received an SOS from the British Ambassador in Jordan. A big rehabilitation centre was being built in Amman, the first of its kind in the country. They had problems. Could the Foundation send someone to advise them on its design and construction?

Al answered the call, went to Amman, found a great deal wrong in the planning and conception, and set to work to put matters right, working day and night with characteristic drive. On his return to England he admitted he had never worked harder in this life!

His advice and practical work was so much valued in Jordan that he has now been asked to go to Amman as Deputy Administrator and Project Co-Ordinator of the Al Hussein Centre for the Rehabilitation of the Handicapped for a period of two years.

He will leave taking with him all the good wishes and affection of his many friends in the Foundation and in Cheshire Homes.



Al Lord

Perhaps a measure of the scope of Al's work and the way in which he has become indispensable over the years is the fact that the Foundation has now found it necessary to replace him with two people—one to cover Homes in the North and the other to cover Southern Homes.

They will commence their duties from February 13th.

Miss Lesley King who takes over for the North is a qualified Occupational Therapist with many years experience, and can be contacted at 16 Medina Close, Alvaston, Derby DE2 0UD. Tel: Derby (0332) 73177.

Miss Judith Cowley, also a qualified occupational therapist, with experience of hospital as well as community work, who is covering the Southern Homes can be contacted at 50 Thames Close, Chartwell Green, West End, Southampton, Hampshire. Tel: West End (04218) 4398.

Footnote: For those of you who may often have wondered what Al's real Christian name is, the answer is Alphonsus.

OBITUARIES

Eric Young

It is with deep regret that we announce the sudden death in London on January 17th of Mr. Eric Young, whose magnificent donation of £600,000 enabled The Eric Young Cheshire Home in Rope Walk, St. Helier, Jersey to be built. Mr. Young was world famous for his orchid collection. He was a past President of The World Orchid Society and a member of The Royal Horticultural Society's Orchid Committee and was presented with the Society's prestigious Medal of Honour in 1980.

Mr. Young was present when the Eric Young Cheshire Home was opened by Her Royal Highness Princess Alexandra in July 1983.

The Home consists of sixteen single bedrooms, a sitting room, open plan dining room, a chapel, quiet room, and activities room, with fully adapted bathrooms.

Mr. Young, who was 73, started from modest beginnings with a novelty shop and rapidly built up a major business organisation in the Channel Islands.

Ann Parkes

It was with great sadness that the Foundation learned of the tragic death of Ann Parkes, for four years Secretary and General Manager of the Cheshire Foundation Housing Association, on January 12th following a fatal car accident.

Ann left the Association in October 1983 and had only recently commenced a new job as Director of Hampshire Voluntary Housing Association in Winchester.

Whilst with the Foundation Housing Association, Ann played a very large part in bringing its first project—Magpie Close, Bournemouth—to completion. This estate provides nineteen flats for elderly and able bodied people, and eight bungalows for disabled people, and was opened by Lady Ryder of Warsaw in October 1981.

Ann was also involved in the planning and development of a number of other Housing Association projects and took a very active part in Project '81, a joint Foundation Housing Association/Le Court Cheshire Home plan to provide a group Home for two disabled people and seven able bodied people in Southampton.

Ann was dedicated to her work and was a popular, attractive colleague who will be very much missed.

Cecil Jay

Cecil Jay, Secretary of the Southern Region Council, who for ten years was Bursar and subsequently Head of Home at Seven Springs, died suddenly on December 23rd, 1983, aged 72. Cecil spent forty years of his life in Zambia, training Africans to take over jobs on behalf of a London firm.

He returned to England but did not take to easy retirement and soon immersed himself in the work of the Foundation, taking a keen and personal interest in the lives of the residents.

He leaves a wife and three children, one of whom, Caroline, is working for the Foundation in Zimbabwe on a physiotherapy project.

Cecil's hard work and dedication was deeply appreciated and he will be much missed.

William Byrn, resident of Alne Hall for fifteen years, died 8th September, 1983 in hospital. Sadly missed by his many lady friends amongst the staff and residents.

George Ellis, resident of Alne Hall for fifteen years died peacefully in hospital on 31st March, 1983.

Robert Mathison Matfen Hall, the Northumberland Cheshire Home, has suffered a great loss through the sudden death of Robert on October 20th. Following the death of his wife who was also a resident at Matfen, he had just begun to rebuild his life with the aid of his computer enabling him to write and communicate, and was in fact preparing future material for the Cheshire Smile having had his first article published in the autumn edition. He was Treasurer of the Residents Welfare Association and also ran the home's shop.

During the seven years he had been at Matfen Hall Robert, despite his severe disability, was an inspiration to all and is sadly missed.

Stanley William Pople, resident at Mote House for 20 years, passed away on the 28th of December 1983, aged 63. Amongst his interests, he was a keen philatelist and enjoyed meeting people from outside the home. He was on the Residents' Committee and represented the home by attending various functions and events. His presence will be missed by us all.

Mrs. Elsie Lillian Syms, resident at Mote House since 1977, passed away on the 27th of December 1983, aged 58. She will be remembered for her friendliness to all. She was a keen member of the wheelchair dancing team helping to give pleasure to others, and was always willing to listen to anyone who had problems. Happy memories of her time spent with us will remain at Mote House.

PATHWAY TO THE STARS

PATH (Practical Arts and Theatre with the Handicapped) is an organisation which provides theatrical opportunities for the able-bodied, mentally and physically handicapped. Its aim is to produce performances of a professional standard which, by stressing ability, not disability, transcend the handicaps of those involved.

After its first two successful productions **PATH** has now been offered the opportunity to establish

itself with a regular biannual season at the Jeannetta Cochrane Theatre, Holborn, London. This began in January with two plays of passion from China which were performed in the high standard towards which **PATH** is striving.

If you wish to help promote **PATH** in any way, or require further information, please contact Katie Fischel, Path Productions, 38a Duncan Terrace, London, N1 A8L. Tel: 01-359-7866.

TRY THIS QUIZ

A Musical Cruise

Joe met Eva on a (1) liner. She looked lovely in a (2) pleated skirt with a bunch of (3) at the waist. Hearing her (4) like voice he rushed to meet her falling over a (5) of oil. They decided to play cards but Eva said "When you should play a high card why do you always (6) one?" "When I play an ace why do you always (7)?" He said, "You're a (8)". To which Eva replied, "(9)! Lets pack it in and have an icecream (10)." He kissed her violently as a (11) of his affection. She however, hit him on a prominent (12) and he went away and had a (13), lit a (14) and watched fishermen (15).

Answers on page 23.

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MEDISCUS

Your holiday can help your Cheshire Home or Family Support Service

Where the money goes

The aim of the scheme is to benefit your Cheshire Home or Family Support Service, so when you receive the slip of paper from Redfern Travel stating the value of the donation your booking has generated, it is important that you retain it. You should then hand it in to your local Committee Secretary or Family Support Service Officer who can check that the money has been received.

Brochures

Brochures for any of the listed travel companies can be obtained from Redfern Travel if they are available. Up to two brochures can be obtained free of charge after which £1 per brochure should be sent to cover postage and packing.

Yes, by simply going on holiday, whether it's in Britain or abroad, you can generate a donation to help your Home or Family Support Service - but you pay exactly the same price for your holiday!

This scheme has been specially worked out with Redfern Travel Limited so as to benefit you with a holiday, and your Home or Service with a donation. Very simply, for every holiday or travel booking made with them, Redfern Travel will make a donation - provided you enclose the donation voucher below when making the booking.

NOT JUST HOLIDAYS

The scheme is not restricted to holidays but also covers weekend breaks, air travel, ferry companies - in fact most kinds of travel that can be booked through an ABTA agent. The important point to note is that it is the total value of the booking that raises a

donation - not the value per person. As long as the total booking value is over £100 a donation is made according to the scale shown on the voucher.

HOLIDAY AND TRAVEL COMPANIES

See the back of this leaflet for the recommended holiday companies, airlines, ferry companies and so on but almost any ABTA approved holiday company can be used.

SECURITY

Redfern Travel are members of ABTA, and are fully bonded. They are also licensed by IATA to issue airline tickets. So you have complete security on your booking.

All you have to do now is to decide where you want to go and when, and fill in the booking form in the brochure - but remember to send in the voucher as well!

And if you can't use it, give it to someone who will - it still means a donation will be made.

IMPORTANT!

How it works and what to do

1. You decide where you want to go and when, and in the case of holidays complete the brochure booking form remembering to SIGN it. For travel other than package holidays send the details of what you want to Redfern Travel and they will make recommendations.
2. Send the booking form to the nearest branch of Redfern Travel (the locations are shown under the heading "Who are Redfern Travel") with the deposits required and the donation voucher, remembering to complete the "Insurance" section on the back of the voucher and to write in the name of your Home or Service.
3. Your booking will be confirmed to you by Redfern Travel and proceeds in the normal way. (In the unlikely event of the holiday you want being fully booked an alternative will be offered and if this is not acceptable all monies will be refunded).
4. You will be notified when the balance payment is due. On receiving your payment Redfern Travel will send a receipt to you together with a note of the value of the donation generated.
5. Redfern transfer the money to the holiday or travel company, get the tickets and pass them on to you.
6. Every six months all the donations to be made by Redfern Travel are added up and paid to your Home or Family Support Service.

Who Are Redfern Travel?

Redfern Travel is a well established travel agency set up in 1937 and based in Bradford in Yorkshire. As well as a very large branch in Bradford there are branches in Leeds and London. Redfern Travel handle all kinds of holiday bookings, air ticketing, car hire, hotel and ferry bookings. Naturally they are members of the Association of British Travel Agents (A.B.T.A.) as well as being fully licensed by I.A.T.A. to issue air tickets. Equipped with all the modern technological aids like Prestel and Travicom, Redfern Travel are ideally suited to make your holiday or travel booking.

REDFERN TRAVEL LIMITED
1-3 Piece Hall Yard,
BRADFORD. BD1 1PL
Tel: 0274 - 733551

REDFERN TRAVEL LIMITED
211 Roundhay Road,
LEEDS, LS8 4HS
Tel: 0532 - 496444

REDFERN TRAVEL LIMITED
29 Maddox Street,
LONDON, W1R 9LD
Tel: 01-499-3944

Donation Voucher

Name and Address of Home or Family Support Service to benefit - if left blank the donation will go to the Cheshire Foundation.

Redfern Travel agree to make a donation to the Cheshire Home or Family Support Service named above according to the following scale:-

Booking Value from (£)	Donation (£)	Booking Value from (£)	Donation (£)	Booking Value from (£)	Donation (£)
100	2	600	18	1200	36
150	4	700	21	1300	39
200	6	800	24	1400	42
300	9	900	27	and for each additional £100 of booking value an extra £3 will be donated.	
400	12	1000	30		
500	15	1100	33		

Please note that airport and security charges, if charged separately by the holiday company, will not be included in booking value for donation purposes.

HOLIDAY AND TRAVEL COMPANIES

SPECIAL HOLIDAYS FOR DISABLED PEOPLE

Threshold Travel

HOLIDAYS ABROAD

Sovereign (Luxury holidays)
Enterprise (All brochures)
Thomsons (All brochures)
Horizon (All brochures)
Intasun (All brochures)
Airways (All brochures)
Club 18-30 (Young people)
Twenties (Young people)
Olympic (Greek specialist)
Cosmos (All brochures)
OSL (Villas)
Wings (Luxury holidays)
Topgolf (Golfing)
Sun-Med (Greece)
John Hill (Algarve specialist)
Blue Sky (All brochures)
Swans (Skiing)
Inghams "
Neilson "
Bladon "
Tyrolean "
Global (All brochures)
Arrowsmith (All brochures)
Ellerman Sunflight (All brochures)
Ellerman Keycamps (Camping)
Wallace Arnold Inn-Tent (Camping)

Travelscene (Continental Short Breaks)
Paris Travel (Paris breaks)
Swiss Travel (Swiss breaks)
DFDS (Scandinavian Holidays)
Kuoni (Worldwide & Switzerland)
Bales (China specialist)
Speedbird (Faraway holidays)
Hansa Tours (Holidays & breaks in Germany)
Rhine Cruises
Amex Holidays and Villas

U.K. HOLIDAYS

Golden Rail Holidays
Butlins (Hotels & Camps)
Ladbroke's (Hotel, holiday camps & boating)
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Warners (Camps & Villages)
Wallace Arnold (Coach Tours)
Pontins (Camps)
P.G.L. Holidays (Childrens Activity)
Blakes (Boating)

U.K. SHORT BREAKS

Ladbroke's
Stakis
Crest
Capital Breaks (London)
Rainbow
T.H.F.

Stardust
Thistle High Life
Superbreaks

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All major airlines and flight only brochures.

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Budget
Hertz

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Townsend Thoreson
P & O
Sally The Viking Line
North Sea Ferries
Brittany Ferries
D.F.D.S.

Insurance It is most important that holiday insurance is taken out for every member of your party. Redfern Travel Limited have a good insurance policy which is strongly recommended - the details of cover and cost are shown below. Please enclose your insurance premiums with your deposit money.

COVER	Up to 5 days	6 to 8 days	9 to 12 days	13 to 17 days	18 to 23 days	24 to 31 days
EUROPE	£ 5.20	£ 6.90	£ 7.70	£ 8.20	£ 9.45	£10.45
WORLDWIDE	£18.70	£18.70	£18.70	£18.70	£21.90	£21.90

For over 31 days and for U.K. cover please ask for a quotation.

COVER: Medical - £100,000, Personal Accident - £15,000, Hospital Benefit - £10 per day (up to 30 days), Loss of Baggage - £750, Delayed Baggage (over 12 hours) - £50, Personal Money - £250, Personal Liability - £500,000, Travel Delay - £3,500, Loss of Deposit - £3,500, Curtailment or Cancellation - £3,500, Failure of Public Transport - £150. Figures quoted are maximum.

I enclose premiums for Redfern Travel Insurance ☐

I have taken out Tour Operators Insurance ☐

I have taken out other holiday Insurance ☐

PLEASE TICK THE RELEVANT BOX.

JOHN GROOMS HOLIDAYS

John Grooms Holidays, 10
Gloucester Drive, Finsbury Park,
London, N4 2LP.
Tel: 01-802-7272.

The John Grooms Association for the Disabled offers a wide variety of holidays for disabled people, their escorts, friends and relatives.

In addition to its North London holiday flat and its two specially adapted seaside hotels in Minehead, Somerset and Llandudno, North Wales, John Grooms also hire out a wide selection of self-catering caravans, a motor caravan with tail-lift etc., and a chalet in Skegness which can accommodate people using iron lungs.

Not content with even this comprehensive range of facilities, John Grooms also has access to a purpose-built 10 berth canal boat, which is fully equipped to modern standards, but specially designed to cater for disabled people. There is, for example, a hydraulic lift, a specially wide corridor, and an adapted tiller that ensures easy operation from a wheelchair.

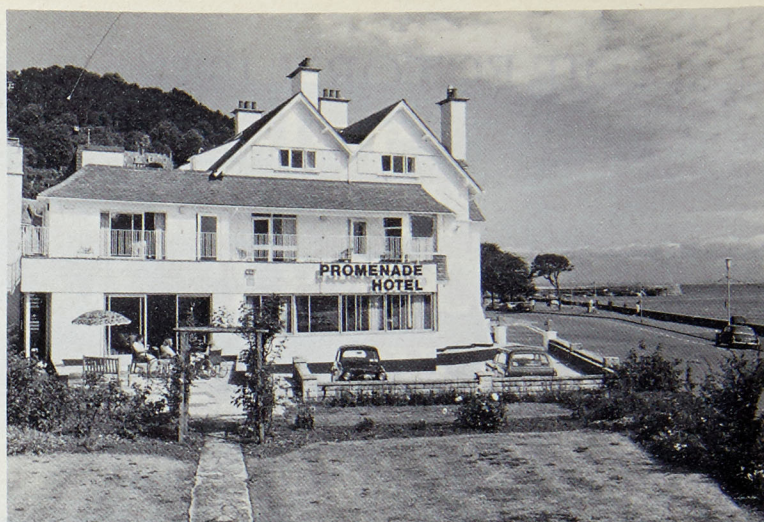
One of John Grooms latest acquisitions is a bungalow in the heart of Norfolk, the Norfolk Broads in fact, which can accommodate nine people and is equipped with colour television, etc. Situated near the river, and within easy reach of historical Norwich, the bungalow is ideally situated for the enjoyment of many holiday pursuits.

Particular attention must be paid to the above mentioned hotels in Minehead and Llandudno. Both have received awards from the British Tourist Authority. The hotels are licensed, and have many facilities for the disabled, including completely level access, wide doorways, emergency call systems in

most rooms, and balconies that overlook the sea. Guests are requested to bring able-bodied friends or relatives who can provide any help needed, which is not available normally from the staff.

New for 1984—Clacton-on-Sea Bungalow

Luxurious, very spacious bungalow that can easily accommodate 6 people. 300 yards from the sea, near shops, town centre, pier, etc. Premier position in Clacton with quiet, secluded garden. This delightful bungalow has been well adapted for people in wheelchairs—no steps, large bedrooms, wide corridor, adapted bathroom + WC.



GIGGLES from Douglas House

Overheard during the night nurses tea break "I like hearing him playing his organ but I had to tell him the other night to turn his circumcizer down".

"Did you know that had a visitor today? She was in there when I went in and she was telling her what she had for dinner—"Salmonella pudding with jam sauce"!

My auntie Maud knows the difference between cut glass and moulded glass. She says "if you hold the glass up to the sunlight, cut glass reflects all the colours of the rectum".

DIRECTORY 1984

THE LEONARD CHESHIRE FOUNDATION

Registered as a Charity Number 218186

Leonard Cheshire House, 26-29 Maunsel Street, London SW1P 2QN. Tel. 01-828-1822

Patron: Her Majesty The Queen

Founder: Group Capt. Leonard Cheshire, VC, OM, DSO, DFC

Past Chairmen: The Rt. Hon. Lord Denning, PC
Professor Geoffrey Cheshire
The Rt. Hon. Lord Edmund-Davies, PC

Chairman Emeritus: Air Chief Marshal Sir Christopher Foxley-Norris, GCB, DSO, OBE, MA

Chairman: Mr. Peter Rowley, MC, MA

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Director: Arthur L. Bennett, Esq. *Deputy Director (Care):* C. Paul Brearley, Esq. *Administration Manager:* Simon Hardwick, Esq. *Asst. Treasurer:* Rita Bellety. *Head of Mental Care:* Michael Libby, Esq. *Personnel Adviser:* Miss M. D. Roe. *Homes Planning Officer:* Keith Cook, Esq. *Family Support Service Adviser:* Mrs. Mary Hopcroft. *Family Support Service Officer:* Mrs Margot Hawker. *Public Relations Consultant:* Bill Simpson, Esq. *Public Relations Officer:* Mrs. Kay Christiansen *Information Officer:* Wally Sullivan, Esq.

Leonard Cheshire Homes care for the severely and permanently handicapped. They are run as homes, and offer the affection and freedom of ordinary family life, the residents being encouraged to take whatever part they can in the day-to-day running of the house and to develop their talents. Disabled people are admitted according to need, irrespective of race, creed or social status. The management of each home is vested in a Committee as representative as possible of the local community. The Leonard Cheshire Foundation (a registered charity) is the Central Trust, and has ultimate responsibility for all the homes. It owns all the property, and acts as guarantor to the public that the individual homes are properly managed in conformity with the general aims of the Foundation. Similar charitable trusts have been established to control the homes overseas.

FAMILY SUPPORT SERVICES

The Family Support Services aim to provide personal care and help for physically and mentally handicapped people living in their own homes. It thereby helps to prevent or alleviate stress in families with handicapped member(s) and enables disabled people, whether living alone or with their families, to continue living at home for as long as possible. It is probable that family support services for disabled people (including services under the umbrellas of other organisations) will be greatly expanded as they meet the needs and wishes of so many people.

Family Support Services Officer:

Mrs. Margot Hawker, Leonard Cheshire House, 26-29 Maunsel Street, London, SW1P 2QN.
Tel: 01-828-1822 (Queries to Christine King).

SPECIAL SERVICES

Flats for couples, one of whom is disabled:
Robin House, St. John's Road, Hitchin, Herts.

Disabled Students accommodation:

Taylor House, 16 Osler Road, Headington, Oxford. Oxford 68620.

CARE ADVICE SERVICE

Office: Leonard Cheshire House, 26-29 Maunsel Street, London, SW1P 2QN.

Care Advisers: Hugh Bryant, Esq. (SW); Robert Hopkinson, Esq. (N); Harry Lowden, Esq. (Midlands); John Timms, Esq. (NE); Mrs. Alma Wise (SE)

THE LEONARD CHESHIRE FOUNDATION HOUSING ASSOCIATION

Chairman: Mr. L. P. Mecklenburgh, Suite 1, Argyle House, 29-31 Euston Road, London NW1 2ST. Tel: 01-278-6630.

The Leonard Cheshire Foundation Housing Association deals with requests from groups and individuals, or committees acting on behalf of physically and/or mentally handicapped people. To acquire property or land, apply for funding through the Housing Corporation or Local Authority, and arrange for the conversion or building of suitably adapted accommodation. The accommodation may range from hostels, group homes, sheltered housing or independent houses in the community.

THE LEONARD CHESHIRE FOUNDATION INTERNATIONAL

Chairman International Committee: Sir Henry Marking, KCVO, CBE, MC

International Director: Mr. Michael Palmer

International Secretary: Miss Toni Morgan, Leonard Cheshire House, 26-29 Maunsel Street, London, SW1P 2QN. Tel: 01-828-1822

The Leonard Cheshire Foundation International comprises some 147 homes in 45 countries throughout the world.

THE RYDER-CHESHIRE MISSION (for the Relief of Suffering)

Registered as a Charity Number 235988

Founders: Lady Ryder of Warsaw, CMG, OBE, and Group Captain Leonard Cheshire, VC, OM, DSO, DFC, in association with Mother Teresa of Calcutta.

President: Mrs. Lakshmi Pandit.

Chairman: The Hon. Sir Peter Ramsbotham, GCMG, GCVO.

Administrator: Michael Humfrey, Esq.

The Mission was founded by Lady Sue Ryder and Leonard Cheshire for the principal purpose of pioneering new projects which, although fulfilling a clear need and in keeping with their general aims and objects, would not quite fall within the scope of their respective Foundations. Five such projects are:—

Raphael, the Ryder-Cheshire International Centre, P.O. Box 157 Dehra Dun, U.P., India which cares for some 300 people of all age groups who are in need.

Raphael comprises a colony for burnt out leprosy sufferers, a home for severely mentally retarded children, the "Little White House" for destitute orphaned children and a small hospital with two separate wings, one for general nursing and the other for the treatment of TB.

In addition, Raphael operates a mobile TB and leprosy clinic in the Tehri, Garhwal area of the Himalayan foothills. There is a Cheshire Home in Dehra Dun itself, so Raphael is not able to appeal locally for funds. With effect from June 1976, responsibility for its financial upkeep has been assumed by the several separate and autonomous Ryder-Cheshire Foundations which exist in Australia and New Zealand.

The administration is in the hands of a General Council and the Director is Major-General Ranbir Bakhshi MC (Retd.).

Gabriel, Mount Poonamallee Road, Manapakkam, Madras 600-089, India

Gabriel is a training unit for leprosy and other patients who are living on their own in Madras but who are incapable of obtaining work because they lack a trade.

The Unit is financed mainly from Indian sources, but some help is given by the Ryder-Cheshire Mission.

The Chairman of the General Council is Mr. N. E. S. Raghavachari, ICS, (Retd.).

The Ryder-Cheshire Home, Jorpati, Kathmandu, Nepal

This home for 30 disabled young people is intended to complement the work of the existing Nepal Disabled and Blind Association which donated the land to the Mission. The home will concentrate on the rehabilitation of its residents and will share its training facilities with the N.D.B.A.

The home will be administered by a Governing Committee and a Local Administrator has already been appointed.

Because it is not possible to raise locally any of the funds needed to run the home, all the money required has to be found by the Mission within the United Kingdom.

Ryder-Cheshire Films Unit, Cavendish, Suffolk This Unit produces films and video-tape programmes about the work of the Founders and their respective Foundations. Details of these productions are available on request.

Raphael Pilgrimages

A pilgrimage to Lourdes is arranged annually for chronically ill and permanently handicapped people who might not be accepted on other pilgrimages. Willing helpers are welcomed on these pilgrimages.

The Leader of Pilgrimages is Gilbert Thompson, 23 Whitley Wood Road, Reading, Berks.

SUE RYDER FOUNDATION

Registered as a Charity Number 222291

Sue Ryder Home, Cavendish, Suffolk, CO10 8AY.

Founder: Lady Sue Ryder, CMG, OBE

Chairman: H. N. Sporborg, Esq., CMG

Honorary Councillors: Group Captain Leonard Cheshire, VC, OM, DSO, DFC; Miss E. B. Clarke, CVO, MA BLitt (Oxford), JP; A. J. A. Green, Esq.; W. L. Morris, Esq.; J. Priest, Esq.; A. Powditch, Esq., MC; Lady Ryder of Warsaw CMG, OBE; Mrs. M. Smith, JP, John L. Stevenson, Esq., FCS, ACIS, FTIL.

The Sue Ryder Foundation was established by Lady Ryder during the Post War Years, after she had been doing relief work on the Continent. Its purpose was—and still is—the relief of suffering on a wide scale by means of personal service, helping the needy, sick and disabled everywhere, irrespective of age, race or religion and thus serving as a Living Memorial to all who underwent persecution or died in defence of human values, especially during the two World Wars. Sue Ryder Homes care for the sick and needy of all ages, including children, and principally for the incurably sick and disabled, the homeless and those others for whom the general hospitals can do no more and who have no suitable place to go.

There are Sue Ryder Homes/Hospitals in Britain and overseas.